DEATH AND DYING


Among the world’s most intrepid and fearless climbers, Jim Wickwire has traveled the globe, from Alaska to the Alps, from the Andes to the Himalayas, in search of fresh challenges and new heights to conquer…But with the triumphs came harrowing incidents of suffering and loss that haunt him still…After three decades of uncommon challenges, Wickwire faced a crisis of heart—a turning point that threatened his faith in himself and his hope in the future. How he reassessed his priorities and rededicated his life—to his family and to his community—completes a unique and moving portrait of one man’s courage, commitment, and grace under pressure. *Addicted to Danger* is a tale of adventure in its truest sense.


Advice on Dying takes flight. Using a seventeenth-century poem written by a prominent scholar-practitioner, His Holiness the Dalai Lama draws from a wide range of traditions and beliefs to explore the stages we all go through when we die, which are the very same stages we experience in life when we go to sleep, faint, or reach orgasm…The stages are described so vividly that we can imagine the process of traveling deeper into the mind, on the ultimate journey of transformation. In this way, His Holiness shows us how to prepare for that time and, in doing so, how to enrich our time on earth, die without fear or upset, and influence the stage between this life and the next so that we may gain the best possible incarnation.


Drawing on the experiences of dozens of ordinary people who have cared for relatives and friends ill or dying from cancer, Alzheimer’s disease, heart disease, stroke, emphysema, diabetes, AIDS, and other serious conditions—along with the practical wisdom of distinguished medical, legal, financial, and psychological experts—this sound, compassionate guide provides field-tested advice on every aspect of caring for the sick, including:

- Doing battle with insurance companies
- Managing symptoms such as nausea or pain
- Exploring experimental and alternative therapies
- Maintaining cash flow and coping with the bills

For centuries death has drawn our attention. Some fear the imagined darkness while others consider it a peaceful reunion with family and friends; still others view death as nothing more than a transition. Despite our curiosity and the vast literature on death and dying, no one has truly examined from a cross-cultural standpoint what happens to us after we die. Using extensive and innovative research, anecdotes, and stories, Sukie Miller has woven together the results of groundbreaking studies of attitudes worldwide toward the afterdeath. Identifying four distinct stages of the afterdeath, Waiting, Judgment, Possibilities, and Return, she clarifies and analyzes the results of her work in India, Brazil, Indonesia, West Africa, and the United States.


What can you do after the death of someone you love? This book will guide you. It tells about people who have grieved, remembered, and found a way to live again after the death of a loved one. You will see how others have confronted the pain of loss and embraced the memories and joys of life with strength, love, and laughter. Through these stories you will find ways to move forward with honesty and grace.


Alison’s Gift is the true story of Alison Sanders’ life and death—a story that has touched all of America...Alison, a vibrant child, had a mission in life to help others. Her fearlessness, compassion, and leadership qualities transformed her community in life and have reverberated throughout the country in her death. Alison’s life was cut short by an air bag in a low-speed automobile collision. This story chronicles Alison’s life and death, her family’s experience and her many legacies. Share a mother’s impulse of love to create her own rituals in caring for her beloved daughter and forgo a conventional funeral. Meet Alison’s father: although emotionally scarred by his loss, he starts a one-man crusade, forcing the auto industry to adopt safer air bag systems for our own children.


...The death of a pet is always heart wrenching and tragic. Legendary psychic Sylvia Browne provides comfort for those grieving over the loss of a beloved animal by showing how pets continue to be with us even after their death.
Location: Evening Star Collection
I've known Alicia all her life and from the beginning, I know she was special. She added a sparkle to our marriage that convinced us to add another child to the back seat of the station wagon. When our son, Austin, was born, the family was complete and we set about being happy. But that was not to be and Austin Van Sims died just after his first birthday from a rare form of brain cancer...We all learned to care for Austin in his last months and Alicia grew expert in providing the tender touch of a big sister...We all learned you can't paint a rainbow on the wall and think it's going to stay. In the end, we couldn't catch it and we had to let it go. We called Austin the Rainbow Man and we called Alicia our Sunshine because she came peeking back out behind the dark clouds of grief and reminded us of the continuance of life. She forced us to get up every day and chided us into smiling again. She got an early and unintentional education in death, but she taught us the path of survival. These thoughts she shared with me were her gift...and with her permission, I share them with you.

Location: Evening Star Collection
Just before her death in 1996, Jessica Mitford thoroughly revised and updated her classic study. The American Way of Death Revisited confronts new trends, including the success of the profession’s lobbyists in Washington, inflated cremation costs, the telemarketing of pay-in-advance graves, and the effects of monopolies in a death-care industry now dominated by multinational corporations. With its hard-nosed consumer activism and satiric vision...The American Way of Death Revisited will not fail to inform, delight, and disturb.

Location: MAIN COLLECTION
Annie Stories is designed to allow children under ten to explore situations in an engaging, nonthreatening way through the experiences of an imaginary boy or girl much like themselves. Each story mirrors the real-life emotions and anxieties of a common childhood situation: nightmares, the birth of siblings, starting school for the first time, even coping with divorce or the death of a loved one. Throughout the book the author shows parents how to adapt each story to fit their own child and offers additional advice to help reinforce positive results.

ANOTHER LOOK AT THE RAINBOW: straight from the siblings / written by and for children who have brothers and sisters with a life-threatening illness; from the Center for Attitudinal Healing. -- Berkeley, CA: Celestial Arts Publishing, 1982.
Location: Evening Star Collection
This is a book written by sisters and brothers of children who have developed an illness from which they may die (a so-called catastrophic illness). The Center for Attitudinal Healing is a free, non-profit education center that serves as a supplement to the medical model. It is located in Tiburon, California. The authors of this book began to attend bimonthly meetings at the Center in September, 1976. They wanted to write this book because they thought it would be helpful to other children who might have to face similar problems.
When the end of life approaches, people should be able to expect reliable, humane, and effective caregiving. Yet too many dying people suffer unnecessarily. While an “overtreated” dying is feared, untreated pain or emotional abandonment are equally frightening. Approaching Death seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care. This volume presents a profile of when, where, and how Americans die...

Time and again we stumble for words and actions that will reflect our feelings of compassion and our desire to be comfort. Based on the authors’ extensive research, their workshops, and their professional experience, and filled with personal stories and anecdotes, this heartfelt, practical, and easily accessible resource covers the three most common areas of concern: “What can I write?” “What can I say?” and What can I do?” The authors address such issues as:

- Special circumstances—sudden death, suicide, the death of a parent or child
- How to compose a letter of condolence—including a variety of sample letters
- How to be of service—from ideas for thoughtful gifts, to assisting with business, affairs and funeral arrangements, to suggested ways of helping in the aftermath
- When more help is needed—the benefits of grief therapy and support groups, with a listing of recommended reading and other resources

...dying can be accomplished in ways that express love; ways that build bridges, restore broken relationships, create new links to the scared; ways that fulfill all our longings for leaving the world with dignity and grace, at peace with ourselves and our loved ones. This practical and encouraging book shows how dying can heal us, and helps us make the final transition a time of love and new beginnings...When we live fully, the dying comes naturally.


Part lively discussion of today’s trends, part spiritual journey, and part practical handbook, The Art of Dying encourages us to live more fully—which, in turn, encourages an openness toward death and a greater passion for life. Ultimately, the art of dying well is integral and inseparable from the art of living well.


Given a choice, most people would rather die at home, in familiar, comfortable surroundings and cared for the people closest to them. This practical and spiritual manual shows how we can actually give our loved ones this compassionate option—by explaining step-by-step how to feed, clean and take care of a dying person in a heartfelt way that benefits both patient and caregiver. At Home with Dying guides the caregiver through clear, reassuring instruction in ancient wisdom teachings and modern practical nursing methods, demonstrating how caring for a dying loved one can be a life-expanding experience for all concerned when done mindfully and from the heart.


In At Peace in the Light, Dannion Brinkley continues his unique spiritual exploration that began in his phenomenal national bestseller, Saved by the Light, where he revealed the two near-death experiences that left him with an extraordinary sense of perception. In his poignant and personal style, Dannion shares heartwarming stories of his ability to give comfort where it is needed, and demonstrates that the dying often have enhanced psychic ability and a clarity of vision that can make death more graceful for everyone involved.

Long before *Embraced by Light* was published, *At The Hour of Death* was hailed as the earliest scientific investigation of life after death. It was a four-year study involving fifty thousand terminally ill patients observed just before death by one thousand doctors and nurses in the United States and India. The conclusion reached by the authors are compelling and optimistic. Doctors found that the patients had startling experiences—such as visions and elevated moods—that were not due to their medical conditions, and the basic experience was the same for both cultures. Universal feelings of serenity and peace and awareness of another reality indicated that perhaps death should not be feared after all.


Drawing on the authors’ own work in hospices, these poems take the reader on a journey that explores the experience of either supporting, or being someone going through the physical changes and complex emotions that accompany ill-health and death. The poems themselves range from the savage to the sad to the sublime, encompassing a wide range of perspectives on illness, care, loss, grieving and comfort. They highlight the centrality of the human spirit. *Attending to the Fact* is an unusual source of experience, insight and self-recognition.


This book focuses on the spiritual needs of those who are near death. The prayers are written in the first person and speak directly out of the experience of the dying person... often it will be used by a loved one or caring professional who wishes to become a compassionate messenger of hope to the person who is facing death.


For women facing the loneliness and stress of widowhood, here is a self-help book of the very best kind, filled with practical and reassuring advice or every stage of recovery... [the author] writes candidly too about the universal issues of grief—the impact of death, depression, legal and financial problems, reemerging sexuality, dreams, rebuilding self-confidence, the grief of children, and more.


The Buddhist Approach to death can be of great benefit to people of all background... Inspired by traditional Buddhist teachings, [Joan Halifax’s] work is a source of wisdom for all those who are charged with a dying person’s care, facing their own death, or wishing to explore and contemplate the transformative power of the dying process.

WS 105.5.E5 B26 1995

Bereaved Children and Teens is a complete resource for parents and professionals seeking to help children cope with the death of someone they know...In this much needed book, a group of carefully chosen authorities explore with sensitivity and wisdom the complex problems faced by those young people whom Rabbi Grollman so correctly calls ‘the forgotten mourners.’ Even with the best of intentions, most adults feel inadequate in the face of the grief of children or teens...

Bereaved Children and Teens explains:

- How to talk with very young children, school-age children, and teenagers about dying and death
- How bereavement can affect children’s health, friendship, and performance in school
- Protestant, Catholic, and Jewish customs and beliefs about death, and how to explain them to children
- How to tell if a grieving child needs professional care
- What activities, books, and other resources can help


WB 310 F37 2010

Advanced Directives and Living Wills have improved our ability to control end-of-life care, but even these cannot guarantee that we will be allowed the dignity of a natural death. Designed by two sisters—one a doctor, one a lawyer—and drawing on their decades of experience, the five-step Compassion Protocol outlined in A Better Way of Dying offers a simple and effective framework for leaving caretakers concrete, unambiguous, and legally binding instructions. Meant for people in every walk of life—from the elderly, to those in the early stages of mentally degenerative diseases like Alzheimer’s, to healthy young people planning for an unpredictable future—this book creates space for a discussion we all must have if we wish to ensure comfort at the end of our lives.


WM 900 R18 1978

- Does death represent the end of this life or the beginning of another?
- Does anyone know what happens after death?
- Has anyone been there?
- What does it feel like?
- Is there evidence to support the biblical descriptions of hell?

Anyone who has ever pondered these important questions will find new, fascinating food for thought in Beyond Death’s Door, a significant book by a leading heart specialist that recounts the experiences of individuals who have survived clinical death and returned to tell us about it.
**Location:** Evening Star Collection
In the final book of his astonishing career, Carl Sagan brilliantly examines the burning questions of our lives, our lives, our world, and the universe around us. These luminous, entertaining essays travel both the vastness of the cosmos and the intimacy of the human mind, exploring such fascinating questions as how did the universe originate and how will it end, and how can we meld science and compassion to meet the challenges of the coming century? Here, too, is a rare, private glimpse of Sagan’s thoughts about love, death, and spirituality as he struggled with fatal disease. Ever forward-looking and vibrant with the sparkle of his unquenchable curiosity, *Billions and Billions* is a testament to one of the great scientific minds of our day.

**Location:** Evening Star Collection
Sara’s best friend, Miss Lilly, is very old, but it doesn’t seem to bother her one bit. She eats ice cream for breakfast, brings birthday bouquets to all the neighbors, and makes plum jelly from her tree in the garden. Miss Lilly tells Sara stories of when she was a young girl as they cuddle under the rainbow afghan on her sofa. They even blow each other kisses, their special way of saying they will always be friends. One morning, Miss Lilly gets sick and goes to the hospital. Sara misses her and makes a special card with her best crayons. She draws the plum tree in the garden so Miss Lilly can see the plums are almost ready to be picked. Inside, Sara writes, *Blow Me A Kiss, Miss Lilly! I love you*…

**Location:** DVD COLLECTION
Up against her own sense of failure with caring for her dying parents, Dr. Peticolas, sociologist, teacher, hospice worker…takes us on her search for people who might have found success. What she finds is compassion and forgiveness for herself.

**Location:** Evening Star Collection
*Caring For Muslim Patients* is important. Taking an “insider’s perspective”, the book offers a useful insight into the British Muslim community. It should help healthcare professionals to understand the vocabulary and culture of this important sub-section of our community. The importance of this work extends beyond its aim to set out a rational basis to improve the delivery of healthcare to Muslims. It also provides new and valuable insights into ways in which notions of health and disease may be re-formulated so that the NHS and its highly skilled and dedicated staff are better equipped to appreciate the very many dimensions to healing.
Few things spark more heated moral debate than the idea of euthanasia, but since 1997, when Oregon enacted a law permitting physician-assisted suicide, the public discussion over end-of-life issues has shifted. A major response to this law has been increased attention to providing support for the dying in ways that lessen the felt need for assisted suicide. The result has been renewed emphasis on hospice, palliative care, and the spiritual needs of the dying, as well as on advance directives to settle legal matters...Caring for the Dying is divided into four sections. The essays in Section One clarify the role of hospice in providing care for the dying, debunk some commonly believed myths about hospice, and discuss such issues as the funding of hospice services by Medicare. Section Two focuses on palliative care, considering the complicated nature of pain, when and to what extent suffering should be alleviated, and the use of drugs in palliative intervention. The authors in Section Three examine the spiritual needs of the dying and stress that caregivers must remain sensitive to the diverse traditions in which spiritual needs are rooted. The Concluding Section addresses, among other things, the legal right to healthcare at the end of life, and the importance of legal measures such as the advance directive, the durable power of attorney, and litigation to modify the requirements for Medicare-funded hospice services and to remove restrictions that might impede physicians from prescribing adequate pain-management drugs.

In A Chosen Death, Lonny Shavelson writes movingly about five terminally ill people who wrestle with the decision of whether to end their lives, giving us eloquent insights that add an important dimension to the impassioned national debate on assisted suicide for the terminally ill. Each of these people confronts the highly charged-emotional questions about euthanasia and assisted suicide that have now become part of the everyday reality of our individual and family lives.

In Coming Home, A Guide to Dying at Home With Dignity, Deborah Duda answers these questions and numerous others, with sensitivity, compassion, and knowledge born of her first-hand experience. Detailed diagrams support an active understanding of the specific techniques described. In clear easy to understand language, she outlines how to make the final weeks as comfortable and meaningful as possible, encouraging the dying person to live fully, until the moment of death.
**Location:** Evening Star Collection  
This book illustrates how we can care for our loved ones after their death with the same love and respect we would have offered them during their life. It is a practical, accessible and sensitive guidebook...[it makes] it possible for people to conduct family funerals independent of funeral directors and the industry around them.

**CONSIDER THE CONVERSATION**: a documentary on a taboo subject / Michael Bernhagan, Terry Kaldhusdal, producers. Burning Hay Wagon Production, 2011.  
**Location:** DVD COLLECTION  
Motivated by their personal experiences with loss, two long-time friends, one a hospice worker and the other a State Teacher of the Year—present a powerful and inspiring film on the American struggle with communication and preparation at the end-of-life... examines multiple perspectives on end-of-life care and includes interviews with patients, family members, doctors, nurses, clergy, social workers, and national experts from across the country. The film’s goal is to jump-start the conversation between husband and wife, doctor and patient, minister and parishioner, parent and child. This is not a story about death; it’s a film about living life to its fullest up to the very end.

**Location:** Evening Star Collection  
...examines the compelling subjects of death and burial across cultures and societies. The text, enriched with stories both humorous and poignant, includes details about the decomposition and embalming process and various customs associated with containing the remains...also includes a list of burial sites of famous people, images in the arts associated with death, fascinating epitaphs and gravestone carvings, a chronology and a glossary, and over a hundred black-and-white photographs.

**Location:** AUDIO COLLECTION  
Bestselling author Bruce Feiler was a young father when he was diagnosed with cancer. He instantly worried what his daughters’ lives would be like without him. Three days later, he came up with a stirring idea to reach out to six men from all the passages in his life, and ask them to be present in the passages in his daughters’ lives... The Council of Dads is the inspiring story of what happened next. Feiler introduces the men in his Council and captures the life lesson he wants each to convey to his daughters—how to see, how to travel, how to question, how to dream. He mixes these with an intimate, highly personal chronicle of his experience battling cancer while raising young children.

WB 310 D54c 2009 Location: Evening Star Collection

Doka presents an insightful, comprehensive guide for counselors, social workers, and health care professionals, as they assist clients experiencing a serious illness. The book builds on a model developed by the author, based upon earlier work by Avery Weisman and E. M. Patterson. Doka’s models presents illness as a series of phases:

- **Prediagnostic:** individuals may decide how to handle troubling symptoms or to take certain diagnostic tests
- **Diagnostic:** centered on the existential crisis posed by the diagnosis
- **Chronic:** individuals must cope with the disease and treatment
- **Recovery:** acknowledges that even when individuals survive an encounter with life-threatening illness, there are still considerable issues that must be resolved
- **Terminal Phase:** individuals deal with the inevitability of death


WM 900 K42 1998 Location: Evening Star Collection

Illustrating the natural importance of laughter, Allen Klein shows readers how to face the end of life and the grieving process with dignity and compassion. Filled with insight, heartwarming stories, and anecdotes from patients, doctors, nurses, children, and comedians, *The Courage to Laugh* is a lifesaving tool that helps rekindle the human spirit of both the people experiencing a serious illness and the loved ones who care for them.


WB 310 B16 1999 Location: Evening Star Collection

Crossing Over provides a unique view of patients, families, and their caregivers striving together to maintain comfort and hope in the face of incurable illness. Using a variety of qualitative search methods, including participant-observation, interviews and journal keeping, the book provides multi-textured narratives...It depicts the sights, sounds, tastes, and smells of daily life in patients’ homes and in the palliative care unit, exploring how individuals find personal meaning in illness, and how this influences the experience and outcome of care...This book brings to life the anger and fear, tenderness and reconciliation, jealousy and love, social support and “falling through the cracks,” the unexpected courage and unshakable faith...This book is ideal for practitioners and trainees in medicine, nursing, gerontology, ministry, counseling psychology, allied health, and social work, and will be of special interest to patients and their families.

WM 900 K71d 1975 Location: Evening Star Collection

Why do we treat death as a taboo? What are the sources of our fears? How do we express our grief, and how do we accept the death of a person close to us? How can we prepare for our own death? Drawing on our own and other cultures’ views of death and dying, Elisabeth Kubler-Ross provides some illuminating answers to these and other questions. She offers a spectrum of viewpoints, including those of ministers, rabbis, doctors, nurses, and sociologists, and the personal accounts of those near death and of their survivors.


WM 900 R22 2001 Location: Evening Star Collection

This is a comprehensive account of the psychology of death and bereavement, which places the subject within the context of the major world religions and their associated mourning and funeral customs. Clearly written, well referenced and carefully organized, the book examines the thinking of Freud and Jung and of modern psychiatrists, and also discusses those aspects of death – bereavement visions, euthanasia, grief for a pet and suicide – which are not covered elsewhere. Updates include: a scientific assessment of death; psychological insights provided by Shakespeare, beliefs and customs of minority groups – Baha’is, Jehovah’s Witness, Mormons, Quakers, Spiritualists and Seventh-day Adventists.


WM 900 C56d 2000 Location: Evening Star Collection

Practical and inspiring, this best-selling book helps readers cope—and help others to cope—with experiences associated with death, dying, and bereavement. The authors include task-based approaches for individual and family coping. They also offer practical guidelines for constructive communications—all designed to encourage productive living in the face of death.

This edition contains:

● New coverage of assisted suicide, euthanasia, and tissue/organ donation.

● Increased focus on religious and spiritual perspectives.

● Four substantial chapters devoted to death-related issues faced by children adolescents, adults, and the elderly.

● Even greater emphasis on diversity and cultural issues within American society, including death-related encounters, attitudes, and practices among African Americans, Hispanic Americans, Asian Americans, and Native Americans.

● Dramatic, new demographic data throughout, including the 60 percent decrease in AIDS-related deaths and the 40 percent decrease in SIDS deaths.
DEATH AND DYING SOURCEBOOK: basic consumer health information for the layperson about end-of-life care and related ethical and legal issues, including chief causes of death, autopsies, pain management for the terminally ill, life support systems, insurance, euthanasia, assisted suicide, hospice programs, living wills, funeral planning, counseling, mourning, organ donation, and physician training; along with statistical data, a glossary, and listings of sources for further help and information / edited by Joyce Brennfleck Shannon. -- 2nd edition -- Detroit, MI: Omnigraphics, Inc., 2006.


In this acclaimed four-part series, veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, each program describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life's ultimate rite of passage with compassion and comfort.


Everything you always wanted to know about corpses, including:

How does one...

- Determine the time of death?
- Perform an autopsy?
- Embalm a body?
- Donate organs and tissue?
- Cryonically preserve heads and bodies?
- Shrink human heads?
- Identify dismembered bodies?
- Transport corpses?

Why...

- Rob graves?
- Dissect cadavers?
- Bury a body?
- Use coffins or caskets?
- Cremate bodies?
- Were people prematurely buried?
- Did cannibals eat people?
- Use corpses in research and training?


In Design for Dying, his newly released book, Leary shows people how to die happily and well. "There are common-sense, easy-to-understand options for dealing planfully, playfully, compassionately, and elegantly with the inevitable final scene," he states. "Face it. At this point in human history, we're all terminal. It behooves us to focus some time and energy and courage on regaining personal and group autonomy over the dying process.... Talking about death is the last taboo in our society. And as we've learned, the way to overcome taboo is pretty straightforward. As the man says, 'Just Do It!'" The book includes contributions from R..U. Sirius of cyberculture magazine Mondo 2000; a guide to death and dying resources, online tools, and further reading lists; and an addendum of "Timothy Leary's Dying Performance as Remembered by His Friends." Timothy Leary vowed to "give death a better name or die trying," and Design for Dying attempts to do just that. Irreverent, original, and funny as ever, Timothy Leary urges us to face death with courage and joy, if not with laughing gas and a lava lamp.

WM 900 Dif 2000 D  Location: DVD COLLECTION

At the end of life, what many Americans want is physical and spiritual comfort in a home setting. In this program, Bill Moyers presents the important strides being made in palliative care.

Ch 1) Introduction: Doctors, nurses and staff members working to unveil the mystery surrounding dying and death are introduced, as well as some patients nearing the ends of their lives.

Ch 2 Palliative Care: How Mt. Sinai Hospital’s palliative care center teaches patients, families, and caregivers to confront death.

Ch 3 Advance Directives: A doctor talks realistically to his terminally ill patient about her imminent death and then calms her fears.

Ch 4 Balancing Care and Cost: Discussion of how insurance companies, primary care physicians, and surgeons essentially control the type and quality of palliative care through what they make affordable.

Ch 5 The 5th Viral Sign: Barbara White, a patient with breast cancer, talks to a group of doctors about her pain and pain management.

Ch 6 Treating Psychological Pain: How palliative care units help to alleviate patients’ depressive symptoms by providing creative therapies.

Ch 7 Caring for the Poor: One doctor’s quest to bring palliative care to the poor as he makes his rounds through a poverty-stricken neighborhood.

Ch 8 Care in Nursing Homes: A doctor in nursing home pursues a double goal: to administer palliative care before a crisis hits and to implement a comprehensive palliative program for patients and families.

Ch 9 Leaving the Patient in Charge: The implications of a patient’s decision to leave the hospital and return home to live out her remaining days.

Ch 10 Understanding the End: Once a patient is prepared for the end of life, it’s the family’s turn: a doctor describes the stages leading up to death and instructs the family on what to do and what not to do.


WB 310 S15 1999  Location: Evening Star Collection

...Provides information on hospice home teams, pain medications, HIV and AIDS, legislation on death with dignity, physician-assisted suicide, and sources of information and support for patients and families.


WB 310 L18 2000  Location: Evening Star Collection

...Places the bodily realities of dying very firmly centre stage and questions the ideology central to the modern hospice movement of enabling patients to ‘live until they die,’ Julia Lawton shows how our concept of a ‘good death’ is open to interpretation. Her study examines the non-negotiable effects of a patient’s bodily deterioration on their senses of self and, in doing so, offers a powerful new perspective on embodiment and emotion in death and dying.

...This book sets out an understanding of this complex domain, describing how spirituality is experienced and expressed, and looks at the impact of terminal illness...Spirituality is often represented as the fourth pillar of palliative care, and yet is often the least developed area in terms of both theory and practice. Originating from the author’s clinical experience, this book aims to explore the concepts, issues and practical implications of spirituality in care.


Here is a comprehensive and thorough handbook for the dying and their caregivers. Joan Furman and David McNabb walk the reader through the dying time, providing details on how to make the environment conducive to peace and tranquility, give physical care, understand and respond to the emotional and spiritual crises that naturally occur, and stay healthy as a caregiver. They answer with honesty and sensitivity the questions most frequently asked, such as what actually happens at the time of death. The book also deals with arranging for a meaningful memorial service and handling grief for those who are left behind. And it offers guided imagery for coping with pain and suggests literature and music to ease the passage of those whose health is irreversibly failing.

DYING TO BE FREE : Healing guide for families after a suicide / Beverly Cobain, Jean Larch. -- Center City, MN: Hazelden Foundation, 2006.

With extraordinary courage and compassion, Beverly Cobain and Jean Larch break through dangerous silence, complicated emotions, and brutal stigma to offer this gentle, healing guide for family members who have lost a loved one to suicide. Cobain’s achingly honest personal account, along with tender recollections from other suicide survivors, provide powerful insight into the confusion, fear, and guilt that family members experience.

DYING TO LIVE : You only die once; Family affair; We're in this together; Living with loss 2009.

Nine courageous families bar their souls and share intimately how they coped...Or didn’t cope from day one, with death by a life-limiting disease, accident, suicide, sudden illness or stillbirth.

Episode 1: You Only Die Once
Episode 2: A Family Affair
Episode 3: We’re in This Together

WM 900 B95 1997 Location: Evening Star Collection
The longtime director of a hospice in his hometown, and a prominent spokesperson for the hospice movement, Dr. Byock believes that the day is at hand when no pain among the dying will be considered unmanageable. Through the true stories of patients, he shows us that much important emotional work can be accomplished in the final months, weeks, and even days of life. Dying Well brings us to the homes and bedsides of families with whom Dr. Byock has worked, telling stories of love and reconciliation in the face of tragedy, pain, and conflict. It provides a blueprint for families, showing them how to deal with doctors, how to talk to friends and relatives, and how to make the end of life as meaningful and precious as the beginning.


WM 900 N27 2004 Location: Evening Star Collection
...offers realistic yet empathetic advice to all those involved with caring for the dying. It looks at the psychology of grief and tackles the fears and anger of those who are dying, their loved ones and their professional carers. This new edition also reflects the changes in training for health professionals and improved access to good quality care for a wider range of patients. All healthcare professionals, including doctors, nurses and all other involved in terminal as well as dying patients and their families, friends and carers, will find this book to be an essential resource.


WM 900 E1 1992 Location: Evening Star Collection
At the age of thirty-one, Betty Eadie died in a hospital after undergoing surgery. The events that followed have been called “the most profound near-death experience ever...” Eadie’s experience offers astonishing proof of a life after physical death...She was given a message to share with others that has filled hundreds of thousands with hope and a renewed desire to love. Embraced by the Light recounts the people she met, the truths she learned, and the magnificent realities of the spirit world.


WB 310 S3595e 2008 Location: Evening Star Collection
...Dr. Lawrence J. Schneiderman, vividly demonstrates the wisdom of [his] approach by interweaving true stories of his patients, current empirical research on care at the end of life, displays of the power of empathy and imagination as embodied in the work of writers...and examples of how the distortion of medical research by media, and its misunderstanding even by health care professionals, cloud the ability to think and feel, and decide clearly about mortal concerns. He ends by addressing the question implicit in all of this which is how to achieve a just and universal health care.
WQ 225 I47 1996 Location: Evening Star Collection
Empty Arms is a unique and encouraging book that reaches out to all who have been touched by infant death or miscarriage. With compassion and sensitivity, the author offers practical suggestions and support for decision-making at the time of the loss and for the future.

WM 900 E51 2001 Location: Evening Star Collection
The Encyclopedia of Death and Dying explores and explains the phenomena of death and dying and related concepts from the varied approaches of disciplines and related professions in the arts, social sciences, humanities, medicine and the sciences.
Includes:
● Over 400 in-depth entries-- fully cross-referenced and comprehensively indexed
● Suggestions for further reading
● Over 40 illustrations
This volume has been produced with students, scholars, professionals, practitioners, and laypeople in mind.

WX 218 C63 2008 Location: MAIN COLLECTION
...This book, with contributions from a diverse group of leaders in the international ICU community, examines how different cultures view death and explores how healthcare providers around the world communicate to patients and family members such sensitive issues as withholding or withdrawing life support and discussing options when the outcome is uncertain. Intensivists and other members of the ICU will benefit greatly from this thoughtful dialogue about the emotional, ethical, and legal complexities of making end-of-life decisions.

WB 310 F24 2007 Location: Evening Star Collection
If you have a loved one nearing the end, you’ll face many difficult questions. You may need to help him or her choose between extraordinary treatments that may live for months or years before passing away. A side effect of this reality is that patients and their families are facing unprecedented choices about the end of life...In the first section, the book offers practical advice, clearly explaining medical information, treatment options, and practical decisions that you may need to make in a terminal care situation. In the second half, the book guides you toward opportunities for hope, personal control, and loving family connection during this difficult period.

This issue covers:

- The Emergence of Brain-Oriented Definition
- Truth-telling with Dying Patients
- Suicide
- Physician-Assisted Suicide and Euthanasia
- Forgoing Treatment and Causing Death
- Decisions to Forgo Treatment Involving (Once) Competent Patients
- Decisions to Forgo Treatment Involving Never-Competent Patients
- Social Reasons for Limiting Terminal Care


This volume is directed toward professionals in the field of death and dying who must be sensitive to the needs of people with cultural patterns that are different from the standard and dominant patterns in the United States and Canada. The text is divided into three sections—Cross-Cultural and Personal Perspectives; Dying, Death, and Grief Among Selected Ethnic Communities; and Reflections and Conclusions. The eight chapters of the second section describe funeral and mourning customs among both recent immigrant groups, such as the Hmong, and groups who have kept many of their traditional customs despite long contact with the dominant culture. Other chapters examine multicultural issues and provide the means for personal reflection on death and dying. There are also two bibliographic sections, one general and one geared toward children.


Examines reasons why young people kill themselves, how to recognize when friends are in such trouble, and how to help potential suicide victims.


The Etiquette of Illness is a wise, encouraging and essential guide to navigating the complex terrain of illness. This collection of anecdotes and insights will help those who feel awkward and unsure about responding to a friend, colleague, or relative who is suffering; it's also addressed to people who are ill and want to engage with their loved ones effectively. Through these stories, the author shows how we can find our way through similar situations with awareness and compassion.
*Location: DVD COLLECTION*

Stunned by the loss of both her parents and by the lack of cultural dialogue, Dr Peticolas turns the camera on herself and a few wise souls to ask what it is like to face death with awareness.

*Location: Evening Star Collection*

Unique wisdom on dying and death expressed in Tibetan Buddhist teaching is made accessible to a Western audience in this practical, warm, and moving guide, which is immensely valuable for caregivers, loved ones, and those facing death.

*Location: Evening Star Collection*

At the end of a life of faithfulness comes our dying. To approach it as faithfully as we have our living calls for some serious forethought. Because, at the dawn of the twenty-first century, one of the simplest facts of life—that we all die—seems like the most complicated thing we will ever do...FAITHFUL LIVING, FAITHFUL DYING : Anglican reflections on end of life care brings together the wisdom of a task force created by the 72nd General Convention of the Episcopal Church...Discusses the approach of death in the Christian view—to be as faithful in death as we are in life.

*Location: Evening Star Collection*

...warm, wonderfully wise, and strikingly simple story about a leaf named Freddie. How Freddie and his companion leaves change with the passing seasons, finally falling to the ground with winter’s snow, is an inspiring allegory illustrating the delicate balance between life and death.

*Location: Evening Star Collection*

...This updated paperback edition combines theoretical information with specific suggestions for developing the critical skills needed to manage psychosocial symptoms for the patient and family, both during illness and after death...Although each family member reacts idiosyncratically to the prospect of loss, the focus in this book will be on the family as a whole. Its patterns of interaction shift in such a way that it will never again be what it once was. Families facing death must adjust to more than the loss of a loved one. The fundamental reorganization resonates with the history of previous generations and will resound into generations yet to come. This book will provide insight into the ways families are affected by illness, the historical antecedents of the family’s reaction to the prospect of loss, and the assistance that personnel in many disciplines may offer that can make a difference in the family’s life, now and in the future...the author’s valuable insights show healthcare professionals how to help the families define and facilitate the tasks they must undertake to adjust to this difficult time.

Location: Evening Star Collection

FAREWELL, MY FRIEND is written for anyone who just might die one day or who has a friend or loved one who has been diagnosed with a catastrophic illness and is facing possible death...Some of the areas covered in this book are:

- How to meet with medical professionals and document your discussions.
- Setting up a sick room from start to finish.
- Handling legal matters and contract issues.
- Navigating through the worlds of hospice, dying, death, grief and “closure”
- Visualizing your life.


Location: Evening Star Collection

Over two million Americans die every year, some naturally, others suddenly and unexpectedly. Countless numbers leave no will or funeral instructions. Survivors are left in grief scrambling about planning a funeral not knowing what the deceased wanted: cremation, burial, or services. This book is about taking charge of the final celebration of life; the funeral ceremony of a loved one, or your own. Funerals are costly. Making wise decisions when not under pressure can save families acrimony and money. It will help you or a loved one plan a final celebration. It includes information about funeral planning, procedures, ceremonies, and cost. Valuable forms are included.


Location: Evening Star Collection

In this book we will share with you the recollections of the Living about their last conversations with the Dying, and the messages that remain with them months and years after their loved ones died. People report changes in self-identity and attitude, and new directions as they go in life. Each chapter closes with advice from the living, for the living.


Location: Evening Star Collection

For more than a decade hospice nurses Maggie Callanan and Patricia Kelley have tended the terminally ill. Now, in this moving and compassionate book, they share their intimate experiences with patients at the edge of life. Through these stories you’ll come to appreciate the near-miraculous ways in which the dying communicate their needs, reveal their feelings, and even choreograph their own final moments; you’ll gain new insight into the leave-taking process; and in the end you’ll discover the gifts—of wisdom, faith, and love—that the dying leave for us to share.
For more than two decades, hospice nurse Maggie Callanan has tended to the terminally ill and been a cornerstone of support for their loved ones. Now the coauthor of the classic bestseller *Final Gifts* passes along the lessons she has learned from the experts—her patients. Callanan’s poignant stories illustrate new ways to meet the physical, emotional, and spiritual challenges of this difficult and precious time. She brings welcome clarity to medical and ethical concerns, explaining what to expect to every stage.

In *Final Victory*, Dr. Thomas A. Preston, M.D. shows how you can take charge of life’s end and set the stage for a peaceful, dignified death. He gives you invaluable information on the dying process, the limits of modern medicine, and what living wills can and cannot accomplish. He describes which treatments reduce suffering, which extend it, and how far doctors can legally go to reduce pain. You will discover how to absorb a serious diagnosis, how to understand life-expectancy statistics, how to decide among treatment options, how to talk with your doctor and your loved ones, and how to take charge of the medical decisions that will profoundly affect you and those you will leave behind.

In *First Person Mortal*, Lucy Bregman and Sara Thiermann interpret the autobiographical narratives of C.S. Lewis, Simone de Beauvoir, Gilda Radnor, and many others as attempts by deeply thoughtful individuals to wrest meaning from situations that often seem to defy—even mock—human comprehension. The authors consider a variety of issues recurring in these narratives: theories of autobiography; patients’ rights and medical ethics; modern society’s emphasis on “expressive individualism;” the genderedness of mortal experience; the destruction of the body in a culture prizing physical beauty; the loss of the self and personal identity; and the ways people use religion or “spirituality” to interpret their experiences.
None except those who have been through it can explain the agony of family experiences when a child dies... For surviving children there is a whole set of unique problems; each age, in fact, presents a new set of problems with which to deal. Children often encounter the same stages of grief as do their parents. There can be feelings of loneliness, guilt, anger, and self-destruction, as well as the constant frustration at their inability to alleviate the pain around them... It is a time when children need all the support of positive family experience; and yet, ironically, a time when parents have the least to offer as they struggle to survive their own grief. Indeed, the loss of a child may create a new set of problems between parents and their surviving children... This book is designed to help with that readjustment by examining how surviving children react to the death of a sibling... This book is based on personal interviews with surviving children... In addition, there are views of professionals, those who have counseled with bereaved parents and their children.

Fragments on the Deathwatch

Fragments on the Deathwatch is an extraordinarily humane and lyrical look at the vigil over the dying. Despite the long cultural traditions and profound psychological benefits of the deathwatch, the institutions of modern life—from hospitals to courtrooms—have intruded in this essential practice. Medical treatment, legal procedures, and even the physical layout of an ICU fail to allow us to experience the dying of a loved one in a way that acknowledges our emotions. Through literature, philosophy, history, and autobiography, the author delicately probes the taboos around discussions of death. As a legal scholar, she considers whether the law can recognize the needs of families and loved ones and protect the space of their grieving.
A recent gay widower may find that once the shock and initial confusion of losing his partner is overcome, there are still many hard, lonely, and overwhelming stages of grief to be worked through. Gay Widowers: Life After the Death of a Partner is a start to the healing process. Its editor and authors hope that by sharing their stories of loss, pain, and bewilderment, they will help others in mourning as well as make one more step forward in their own healing. By bringing forth these stories, Gay Widowers offers bereaved men, psychologist, counselors, and social workers—in a society where the mourning process is generally a heterosexual, social construct—a practical and clinical overview of the issues relevant, and perhaps unique, to the mourning process.

When your loved one is dying, how do you say goodbye? This gentle book is about people who have said goodbye and how they did it. You will see how others have pushed aside their despair to rejoice in their shared memories and face death with warmth, frankness, and even humor. Through their stories you will find ideas, reassurance, and the courage to face the death of your loved one.

Gentle Willow: A Story for Children About Dying was written for children who may not survive their illness. This comforting story will also help all children to deal with the death of friends, family members, or even pets. It is a loving and tender tale that addresses our feelings of sadness, love, disbelief, and anger. It provides children, and those who read the story with them, a “transformational” way of viewing death and dying. This profound story is ultimately one of joy and hope. Its message is one readers will not soon forget.

No magic formulas or simple platitudes can make up for the loss of a loved one. Yet if you can understand that each day brings new light and hope, you can make it through the long, lonely nights. The healing process comes first from the knowledge that accepting the loss does not mean we stop missing our loved one. It does mean that through God’s strength we can one day learn to live again in the morning light.
In the last two months of his life, Joseph Cardinal Bernardin made it his ultimate mission to share his personal reflections and insights as a legacy to those he left behind. The Gift of Peace reveals the cardinal’s spiritual growth amid a string of traumatic events: false accusation of sexual abuse; reconciliation a year later with his accuser, who had earlier recanted the charges; a diagnosis of pancreatic cancer and surgery…his decision to discontinue chemotherapy and live his remaining days as fully as possible. In these pages, Bernardin tells his story openly and honestly, and shares the profound peace he came to at the end of his life.

An intimate grief support group in book form, Giving a Voice to Sorrow is an exploration of unique ways many courageous individuals have—and that all of us can—shape and enact our grief through storytelling, personal ritual and memorials. Steve Zeitlin and Ilana Harlow provide an inspiring look at the creative and personal ways individuals and communities confront their own deaths and come together to celebrate the lives and memories of those they have lost…and find a balance between remembrance and letting go.

The Good Death is the first full-scale examination of one of today’s most complex issues: the profound change in the way Americans think about and confront death. Drawing on more than six years of firsthand research and reporting, noted journalist Marilyn Webb builds her account around intimate portraits of the dying themselves. She explains why some deaths become shockingly difficult—and needlessly painful—and how the struggles over end-of-life decisions can pit patient and family against hospitals, doctors, insurance companies, religious groups, and the law. But there is good news as well. Webb describes many extraordinary programs and individuals who are changing the face of dying.

WM 900 M29g 1998

If you could choose how you want to die, what would you want most to make it more comfortable? Based on his experience as a chaplain and on a survey of people in workshops across the country, Meyer lists four top choices: quick, painless, at home, and with family around. But as the author points out so clearly, these are not what most seriously ill people experience. He takes a good hard look at present practices and the alternatives…Meyer asserts; we need to get away from thinking that if we have the technology, we are required to use it. We need to relearn how to die naturally. Ideal for all who are engaged in pastoral care and ministry to the sick, especially chaplains and staff in hospitals, hospices, retirement/healthcare homes, social workers, lay visitors; and family members of persons in a terminal condition.


WB 310 W34 2000

…the five year journey of philosopher Ken Wilber and his wife Treya Killam Wiber, through Treys’s illness, treatment, and death. Ken’s wide range commentary, which questions conventional and New Age approaches to illness, is combined with Treya’s journals to create this portrait of health and healing, wholeness and harmony, suffering and surrender.


WM 900 S353 1998

People who are unfamiliar with transpersonal psychology—most readers, perhaps,—may find some early chapters of the book somewhat challenging. These chapters describe the steps by which we human beings unfold to the point of a well-developed personal self and the steps by which we unfold beyond that personal self into dimensions of Spirit…I have labored with devotion over this work, attempting to shed light on the intimate relationship, the essential unity, of dying,... and spiritual growth. I believe that this book offers a significant view into the transformations of dying; a view that has not, until now, been clearly articulated in contemporary terms. This was one of my goals in writing—to share, in the vocabulary of a growing Western wisdom, observations of the subtle dimensions and profound transformations we encounter as we near death. It was my intention, in writing, to make this view accessible to as many people as possible, whether or not they had ever heard of psychospiritual transformation. The insights of transpersonal psychology underpin everything offered herein.

The one universal fact of life is death. Yet different cultures define and react to death so variously that the events surrounding it are a key indicator of the exuberant inventiveness of each society. In Madagascar, the bereaved may be required to engage in drunken incest, in contemporary America to watch the postmortem video. The Yoruba of Nigeria mourn the young but joyfully celebrate the life and death of the old... Grave Matters reveals that the body may be preserved or obliterated, transformed into furniture or eaten. Everywhere death is not just a window on eternity but a mirror in which we see ourselves in all our human diversity and the variety of our purposes.


Grave Words: Notifying Survivors About Sudden, Unexpected Deaths... explains step by step, how to relate tragic news to survivors by providing true-life case studies, in-depth information, and protocols tailored to a variety of situations. Learn:

- When to use the “D” words: death, died, and dead.
- “Helping” phrases, as well as phrases and clichés to avoid.
- How to tell children, parents, and disaster survivors.
- How to build a “Memory Box.”
- Typical questions survivors ask.
- How to identify acute grief reactions.
- How to do long-distance telephone notifications.
- When survivors should view the body.
- How and when to follow up with survivors.
- To effectively teach death notification skills.

Also included are bereavement resources and support groups, a death-notification outline, police and military in-line-of-duty notification protocols, and air line disaster protocols.


If you are bereaved or grieving, or if you are facing the probable death of a loved one, this book offers you a unique source of understanding, guidance and support. The highlights of this comforting and practical book include:

- Preparing for bereavement
- The experience of dying
- Facing the fear of death
- How to care for a dying person
- What to do when someone dies
- How to manage your grief and find peace
- Bereavement and health: reducing the risks
- Widowhood
- Dealing with the will
- Money
- Restructuring your life

...the book opens by addressing our society’s attitude toward death and the issue of our own personal death awareness, which can make working with the dying and bereaved difficult. Early chapters of this book address the issue of bereavement, why it is necessary and how to work with individuals and families who are hurting from a loss. The latter half of the book looks at the issue of terminal illness care. Dr. Rando presents a sensitive but realistic approach to the difficult issues to be faced in the dying process. She offers practical suggestion for the caregiver who is working with both individuals and families.


This book focuses on what happens after a death has taken place. Drawing on social theory and anthropology, contributors examine responses to death as they occur within the unique set of cultural, social and historical circumstances which characterizes post-war society. The book does not just document and make sense of contemporary practices but also critically reviews the ways grief, mourning and death ritual have been approached by academics and practitioners in the field...Grief, Mourning and Death Ritual is aimed at advanced students in sociology, anthropology and psychology with an interest in death, dying and mortality....suitable for courses in nursing, palliative care, social work and counseling.


Explaining death to a child is one of the most difficult tasks a parent or other relative faces. The Grieving Child offers practical, compassionate advice for helping a child cope with the death of a parent or loved one. Parents of children from preschool age to the teen years will find much-needed guidance covering such areas as:

- Visiting the seriously ill or dying
- Using language appropriate to the child’s age level
- Selecting useful books about death
- Handling especially difficult situations, including murder and suicide
- Deciding whether a child should attend a funeral


This book describes a mindful approach to dealing with grief that can help you make that difference. By walking this mindful path, you will discover that you are capable of transforming and healing the grief you carry and finding the spiritual and emotional resilience you need to move through this challenging time. These mindful practices, explained here in simple and practical language, will help you bear your time of grief.

WM 900 G63 1997

Location: Evening Star Collection

The fear of death, the pain of bereavement, the art of consolation, and the custom of mourning—these are the experiences with which all mortals must reckon. In The Grim Reader, editors Maura Spiegel and Richard Tristman have gathered the best classic and contemporary writings on mortality—from Montaigne to Monty Python—to produce essential resource for the heart and mind. These idiosyncratic and always enlightening pieces are grouped into thematic parts in which a diversity of perspectives on death are revealed. From death in its most personal sphere to the major issues of death in the public realm, The Grim Reader offers a fresh and unmediated encounter with mortality and the many dimensions of grief and recovery.


WT 500 L95 2011

Location: Evening Star Collection

Handbook for Mortals is warmly addressed to all those who wish to approach the final years of life with greater awareness of what to expect and greater confidence about how to make the end of their lives a time of growth, comfort, and meaningful reflection...Readers will learn what decisions they will need to face, what choices are available to them, where to look for help, how to ease pain and other symptoms, what to expect with specific diseases, how the healthcare system operates, and how the entire experience affects dying persons, their families, and their friends. But equally important are the personal stories included here of how people have come to terms with serious illness and dying, how they have faced their fears and made their choices.
This booklet is written to provide guidance to patients and their families who must face “hard choices” as they receive and participate in healthcare. The “hard choices” are found in four questions that require treatment decisions:

1) Shall resuscitation be attempted?
2) Shall artificial nutrition and hydration be utilized?
3) Should a nursing home resident or someone ill at home be hospitalized?
4) Is it time to shift the treatment goal from cure to hospice or comfort care only?

To begin thinking about potentially life-prolonging medical procedures it is first necessary to establish the intended goal of medical care. Here are three possible goals of medical care:

1) Cure.
2) Stabilization of functioning.
3) Preparing for a comfortable and dignified death.

After establishing the goal, then the specifics of the treatments outlined in this booklet can be addressed. The contents of this booklet are as follows:

Ch. 1 Cardiopulmonary Resuscitation
Ch. 2 Artificial Hydration and Nutrition
Ch. 3 Cure Sometimes—Comfort Always: Hospice, Palliative Care and the “Comfort Care Only” Order
Ch. 4 Treatments to Consider—Practical Help for Decisionmaking
Ch. 5 The Journey to Letting Go
Dr. Kenneth Ring’s intensive three-year study of more than one hundred experiencers found that NDEs cause a provocative pattern of very positive changes in outlook, values, and behavior—and are often powerful catalysts for spiritual awakening and psychic development. Moreover, deep NDEs frequently include strikingly similar visions of our planetary future. The depth and consistency of these life transformations—as well as the apparent widespread and increasing incidence of NDEs—lead Dr. Ring to a startling conclusion: Near-death experiences may be part of an evolutionary thrust toward higher consciousness for all humanity. Thus they may foreshadow the birth of a new planetary consciousness as we head toward Omega, the final goal of human evolution.

In Healing Into Life and Death, Stephen Levine deals directly with the choice and application of treatment, offering original techniques for working with pain and grief, and discusses the development of merciful awareness as a means of healing, as well as how to encourage others to do the same.

He was one of the world’s leading cancer experts, yet when his wife was stricken with stomach cancer, not even his skills and dedication could reverse the grim prognosis. But together Andrea and Sidney Winawer became explorers in a new world outside of mainstream medicine. Healing Lessons is the story of a doctor’s transformation—the new treatments he embraced and the lessons he learned on the opposite side of the doctor-patient relationship. Above all, it is a testament to the strength of love.

This film is about the arduous, at times ecstatic, process of grieving death. Feeling limited by her own cultural upbringing, filmmaker Dr. Michelle Peticolas, seeks a more open and creative approach to the loss of her parents.

WQ 225 L57 1997 Location: Evening Star Collection

This special book speaks to those who have lost a child through miscarriage, stillbirth, neonatal death, sudden infant death and termination of pregnancy. It is also for the caregivers who help them through this difficult time. The voices of other parents who have suffered the devastation of their baby’s death are heard throughout this warmly written insightful book. **Part One** guides parents through the experience of bereavement, from shock to a time of renewal and coping. **Part Two** provides specific information for caregivers in the hospital and those providing care for the family. These caregivers may include hospital staff, ministers, childbirth educators, funeral directors and support-group members. An extensive resources section helps parents identify additional sources of support.


WS 105.5.E5 J16 1994 Location: Evening Star Collection

A death, divorce, a loved one’s illness, or even a family move is the occasion of grief and despair for a child, and the pain can last for years. Here is compassionate, step-by-step guidance for any concerned adult who wants to help a child talk about, cope with, and recover from a loss...It identifies specific behaviors one can expect in a child who has suffered a loss, showing when and how these behaviors may arise, discussing those that may immediately follow a loss and those that may appear or recur years later, and offering clear suggestions on how concerned adults might best respond. Parents, primary caregivers, and other helping adults—therapists, school counselors, teachers, day-care providers, doctors, nurses, ministers, friends, or relative—will find plentiful descriptions of practical methods for helping children through the strong feelings, difficult behavior, and confusion that follows a loss.


WB 310 J22 2011 Location: Evening Star Collection

I think of 34 years ago, just days after Steven had died of sarcoma, and a group of high school friends of our daughter Deborah were sitting on the floor of our family room in a circle, holding hands and singing. One boy looked over at her and said, “I’m going to find a cure for that cancer, Debbie.” On July 7, 2010 a press conference release announced that a new clinical trial had success in shrinking sarcoma tumors. The principle investigator, Timothy Cripe, MD, PhD,...the boy who made that promise...One of the gratifying aspects of a traumatic loss is that it not be wasted...Although the basic goals of Helping Grieving People remains the same, much new research in support of additional understandings in the areas of cultural diversity, religiosity and healing, complicated grief, elder grief, forgiveness, and other clinical supports have been added.

The High Cost of Dying offers a comprehensive overview of the funeral home business and provides valuable inside information needed by thoughtful consumers, legal advisers, trust officers, and even clergy—all those who must confront the hard practical questions that surround one of life’s most trying and emotional-filled experiences...Each chapter of this information-packed book covers an important aspect of the contemporary funeral: the need for consumerism, the funeral in history, how the funeral director can help survivors, making the choice between burial and cremation, the importance of funeral arrangement conference, outlining the funeral contract, describing common funeral rip-offs, how to prearrange a funeral, answering frequently asked consumers questions,...how does one select a funeral, what funeral options are available and which are best... and much more. Of vital importance are the special features of this remarkable volume: the handy funeral arrangement checklist that helps consumers determine their needs; a discussion of price ranges for specific services, caskets and burial vaults, and miscellaneous expenses; and an appendix that contains both the Federal Trade Commission Rule (1984) on funeral industry practices and the 1994 rule that will be implemented soon.


...This second edition presents a clear, concise and comparative overview of teachings and the death beliefs of the largest and fastest-growing religions in North America...will be of enormous value to all readers who would like to obtain a better understanding of the various ways in which different faiths understand death and what happens afterward. Each chapter is written by a different expert or scholar who is internationally recognized as an authority on a particular faith.


In this moving and insightful book about what it means to children when a parent dies, eighteen children—boys and girls, black and white, from seven to sixteen years old—speak openly, honestly, unreservedly, of their experiences and feelings. Their stories are set down here so that children experiencing the loss of a mother or a father may know that others have felt the same anguish and guilt, confusion and anger—and that these feelings are normal, even appropriate.
Mourning the death of a loved one is a process all of us will go through at one time or another. But whether the death is sudden or anticipated, few of us are prepared for it or for the grief it brings. There is no right or wrong way to grieve; each person’s response to loss will be different. Now, in this compassionate, comprehensive guide, Therese A. Rando, Ph.D., bereavement specialist and author of *Loss and Anticipatory Grief*, leads you gently through the painful but necessary process of grieving and helps you find the best way for yourself. Dr. Rando will help you learn to:

- understand and resolve your grief
- talk to children about death
- resolve unfinished business
- take care of yourself
- accept the help and support of others
- get through holidays and other difficult times of the year
- plan funerals and personal bereavement rituals

Many people who usually function well are thrown for a loop when a parent dies. They’re surprised at the complex feelings of love, anger, and guilt, and at the unresolved issues that emerge. Therapist Lois Akner explains why the loss of a parent is different from other losses and, using examples from her experience, shows how it is possible to work through the grief. Anyone who is going through or trying to prepare for this natural, normal, inevitable loss will find *How to Survive the Loss of a Parent* a powerful, healing message.
In an age when death occurs in sterile seclusion and is cloaked in euphemism and taboo, *How We Die* is a vital revelation. Clearly, frankly, yet compassionately, it tells us how most of us are likely to die and, in doing so, suggests how we may live more fully and meaningfully. The distinguished surgeon Sherwin B. Nuland describes the mechanisms of cancer, heart attack, stroke, AIDS, and Alzheimer’s disease with clinical exactness and poetic eloquence—and with the sensitivity of a man recalling his own intimate losses. But even as Nuland dispels the myth of the dignified death (and decries the technological hubris of much modern medicine), he succeeds in restoring death to its ancient place in human existence.

In *How We Grieve*, Thomas Attig tells real-life tales to illustrate the poignant disruption of life and suffering that loss entails. He shows how through grieving we meet daunting challenges, make critical choices, and reshape our lives…Loss challenges us to relearn things and places; relationships with others, including fellow survivors, the deceased, and even God; and most of all ourselves, including our daily life patterns and the meaning of our own life stories.

This authoritative and empathetic guide demystifies the dying process and offers practical advice for the friends and families of the terminally ill. In “I Don’t Know What to Say…” Dr. Robert Buckman, a distinguished oncologist who was himself once diagnosed as having a fatal illness, confronts these questions:

- What should a patient be told about his or her illness?
- How can the patient’s supporters cope with demands that may seem angry and irrational.
- What are crucial differences between caring for a dying parent, spouse, or child?
- How can you help someone dying from AIDS, cancer, or a dementing illness.
"The narrator is a young boy who loves Elfie—‘the best dog in the whole world’...One day Elfie does not wake up. The family grieves, and the boy, who has always told Elfie how much he loves her, finds solace in the fact. Though someone offers the boy a new pet, he knows he is not ready for it. But when he is, he will always remember to say, ‘I love you.’ Whelhelm’s sweet message is an important one for children (as well as adults!). The pictures have a piquant charm of their own and convey both humor and sorrow."

Organizations that want to improve care of the dying can be encouraged by the poignant cases told throughout this book.

- Uses experiences and data from 47 of the nation’s most respected hospitals, hospices, and other health care provider organizations
- Includes specific information about Alzheimer’s, cancer, heart and lung failure, and all other major causes of death
- Addresses concerns that teams most want to improve: pain, shortness of breath, advanced care planning, family support, patient self-care, and bereavement

If you are a caring Christian who wants to reach out and help the dying and bereaved but feel unsure about what to do, then this book is for you. It’s difficult to know how a person really feels, but you can learn to listen and find out and express compassion. You can be alongside, you can love and support, confident in the knowledge that it does not matter what you hope to achieve but what Christ can achieve in you. This practical guide helps you to let that happen.

Location: Evening Star Collection

Intimate Death draws on the author’s wide personal experience as it tells us how to talk to anyone we care about who is dying—how to help them and ourselves face the end squarely and acceptingly, and thus how to enrich our lives and bring back both peace and dignity to death.


Location: Evening Star Collection

Dr. John Lerma has devoted his career to compiling anecdotal and scientific research on pre-death hallucinations from the countless terminally ill patients he lovingly cares for as a doctor and director at the Medical Center of Houston...Dr. Lerma shares his valuable research and guidance in 16 inspirational stories of children and adults confronting their deaths through the comforting visions of divine beings. By presenting the mysterious visions, synchronicities, and angelic conversations terminally ill patients encounter, Dr. Lerma shows how knowledge of death can ease the pain and fear as we prepare to enter into the light.


Location: AUDIO COLLECTION

The question of life after death has been pondered in world religions throughout the ages—but now, this compassionate scientist sheds a new light on the eternal mystery of the soul’s passage beyond this physical existences. Is There Life After Death? Is an unprecedented opportunity to hear from one of the most renowned healers of our time, as she speaks to us about the wonder, joy, and hope of the journey that awaits us all.


Location: Evening Star Collection

Do you wonder what happens when someone dies? Have you ever asked why people have to die? Do you want to know when the pain caused by someone’s death will go away? If you’ve asked these questions (or others like them), you’re reading the right book. You won’t find all your answers here, but you will learn that God loves you and considers life most precious. He is the best friend you can have when you’re walking through life...or death...

“Realistic and infused with wit and humor...gives teens vital information, and allows them to feel that their questions are valid.”

**Location**: Evening Star Collection

All children experience loss! Loss is a part of growing up. Although loss always hurts, even a young child can learn that beautiful surprises come wrapped in the “package” of loss. [This book encourages] you to talk about these gifts…(i.e. good memories).


**Location**: Evening Star Collection

This book was written for children who are attending, or would like to attend, a funeral. Children can benefit from involvement with the funeral, and from having the opportunity to say good-bye to the person they love. Reading this book together…will raise many questions about your individual situation. Answering these questions for your child helps to alleviate some of the fear of the unknown, which is death.


**Location**: Evening Star Collection

Although the consciousness of death is in most cultures very much part of life, this is perhaps nowhere more true than in Japan, where the approach of death has given rise to a centuries-old tradition of writing jisei, or the “death poem.” Such a poem is often written in the very last moments of the poet’s life. Hundreds of Japanese poems, many with a commentary describing the circumstances of the poet’s death, have been translated into English here, the great majority of them for the first time. Yoel Hoffmann explores the attitudes and customs surrounding death in historical and present-day Japan, and gives examples of how these have been reflected in the nation’s literature in general…Zen Buddhist ideas about death are also described as a preface to the collection of Chinese death poems by Zen monks that are also included.


**Location**: Evening Star Collection

As there is a Jewish way of life, there is a Jewish way of death. As the Jewish way of life implies a distinctive outlook and a unique lifestyle based on very specific views of God and the place of man in society and the universe, so does the Jewish way of death imply singular attitudes toward God and nature, and toward the problem of good and evil; and it proffers a distinctive way of demonstrating specific Jewish qualities of reverence for man and respect for the dead. (For example, the prohibition of both cremation and embalming, and the ban on necromancy….) This book was written for both the layman and rabbis alike. Heretofore, popular texts on Jewish law have been written [twofold]…with exhaustive listings of the details of the laws with no direction, no criteria for discriminating between major and minor laws. Another style places emphasis on major observances leaving all details and nuances to be decided by local rabbis and educators.

Location: Evening Star Collection

Over the hearth in Mattie’s house hang four glowing keys, ancient keys that control the passing of the seasons. As each season draws to a close, the oldest woman in the family takes down and turns the key into the next. This is the way it has always been. Now it is almost winter, and Mattie’s beloved grandmother is dying. The doctor has said this autumn will be her last. But Mattie is determined to save her, and she thinks there is a way…but only at a cost greater than she ever imagined.


Location: Evening Star Collection

This book is rich with perceptions and feelings of the student authors. Through group exercises and creative writing they examined their earliest experiences with death, their thoughts on American rituals, their fears and fantasies. The attitudes and experiences of other children and adults whom the group interviewed are also incorporated, along with information the students collected on medical definitions of death, euthanasia, funerals, graveyards, cremation, causes of death, and violent deaths. Written in the kids’ own words, this helpful compendium of facts and advice will give young readers a better understanding of death and how they might help the dying and bereaved…it will serve as a useful discussion guide for parents and teachers interested in broaching the subject of death with children.
The Last Dance: Encountering Death and Dying reflects the ongoing evolution in death studies. Two-thirds of the reference in this new edition are from the 1990s. These citations, from an exceptionally broad spectrum of scholarly publications, reflect contemporary developments concerning death and dying in the social sciences, medicine, and the humanities. Coverage of historical and sociocultural forces that influence our understanding of death forms the core of the first three chapters, giving readers a solid foundation for appreciating how specific issues in death, dying, and bereavement affect individuals, families and social groups...The rapidly changing nature of modern healthcare and, more particularly, care of the dying, receives detailed and comprehensive investigation in Chapter 4 and 5...Discussions of issues related to care of the seriously ill and dying leads naturally to a concern with the ethical questions that arise in the context of modern medicine. Chapter 6 explores such concerns: informed consent, euthanasia, and the definition of death...Chapter 7 deals with grief and how its expression is influenced by a variety of psychosocial factors. Chapter 8 examines the ceremonies and rites that human beings enact in the wake of a close death, with an emphasis on how various death customs create opportunities for expressing grief. Chapter 9 looks at ways in which the legal system influences our understanding and practices relative to dying and death, particularly with respect to the evolving nature of advance directives, physician-assisted death, organ donations, death certification, and procedures associated with wills and probate...Chapter 10 and 11 take up a variety of death-related issues that are likely to be encountered at different stages of life, from childhood through old age. Chapter 12 examines suicide as a mode of death that relates to a variety of risk factors, many of which are subject to alleviation through timely application of techniques of prevention and intervention...Chapter 13 address a variety of issues that are crucial to a comprehensive discussion of death and dying, including accidents, disasters, violence, homicide, war, and AIDS and other emerging diseases...Chapter 14 draws on religious and secular traditions as well as research into near-death experiences. Chapter 15 provides a summary of reviews of topics discussed throughout the text, with particular attention to the personal and social values that can be enhanced through death education.

The Last Lecture / Randy Pausch, Jeffery Zaslow. -- Detroit, MI: Thordsike Press, 2008. Location: Evening Star Collection
A lot of professors give talks titled “The Last Lecture.” While they speak, audiences can’t help but mull the question: What would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give “The Last Lecture”—where professors are asked to consider their demise and to ruminate on what matters most to them—he didn’t have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave—“Really Achieving Your Childhood Dreams”—wasn’t about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment. It was a summation of everything Randy had come to believe. It was about living.
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In Last Rights, Stephen P. Kiernan shows how patients and families can regain control of the dying process, creating familial intimacy like never before... Last Rights offers a hopeful, profound vision for patients, doctors, and families: a way to honor the dying during their greatest vulnerability, a chance for families to reconnect, an opportunity for the medical system to treat patients with ultimate respect...
LETTERS TO HARRY: a true story of a daughter's love and a mother's final journey
WP 870 G61 1999 Location: Evening Star Collection

Letters to Harry is Janet Farrington Graham’s intimate account of the eight-month period leading to her mother’s death from breast cancer. Recounted in letters to her friend, Harry, the story is a loving testament to life, in all its frailty and beauty, and to the power of the human spirit.

LETTING GO: Morrie's reflections on living while dying
WE 550 S13 1996 Location: Evening Star Collection

In these remarkable pages are the profound, life-affirming words of Morrie Schwartz as he faced his own imminent death. In 1994, at the age of seventy-seven, Schwartz learned he had ALS,... Undaunted, the former sociology professor embraced his illness, choosing to live passionately and calmly until the end. He also embarked on his greatest teaching adventure; sharing his evolving knowledge of living while dying. With warmth, wisdom, and humor, Morrie reveals how to...live fully in the moment...tap into the powers of the mind to transcend physical limitations...use humor to defuse frustration...grieve for your losses...reach out to family and friends...build support systems...develop and inner space for meditation and spiritual connection. It is never too late to become the kind of person you would like to be. Morrie shows the way in his magnificent legacy of love..., a guide to the end of your days.

LIFE AFTER LIFE: the investigation of a phenomenon -- survival of bodily death
WM 900 M55 1975 Location: Evening Star Collection

In this fascinating book, Dr. Moody reveals his groundbreaking study of more than one hundred people who experienced “clinical death”—and were revived. Their amazing testimonies and surprising descriptions of “death” and “beyond” are so strikingly similar, so vivid and so overwhelmingly positive that they have changed the way we view life, death and the spiritual hereafter. Life After Life will intrigue and offer strong reassurance to anyone who has wondered “what comes next?”

LIFE IN THE BALANCE: emergency medicine and the quest to reverse sudden death
WB 105 E37 1997 Location: Evening Star Collection

“Dr. Eisenberg takes us on a quest to understand how patients with a sudden cardiac arrest can literally be brought back from the dead. He provides a historical perspective which shows how modern medicine has acquired the miraculous ability to reanimate those patients whose hearts have stopped pumping blood. That such resuscitations have become an everyday experience in industrialized nations belies the significance of this achievement.” Jerris R. Hedges, M.D., M.S., Professor and Vice Chair, Oregon Health Sciences University. Dept. of Emergency Medicine
We all have lessons to learn during this time called life; this is especially apparent when working with the dying. The dying learn a great deal at the end of life, usually when it is too late to apply. After moving to Arizona desert in 1995, I had a stroke on Mother’s Day that left me paralyzed. I spent the next few years at death’s door. Sometimes I thought death would come within a few weeks. Many times, I was disappointed that it did not come, for I was ready. But I have not died because I am still learning the lessons of life, my final lessons. These lessons are the ultimate truths about our lives; they are the secrets to life itself. I wanted to write one more book, not on death and dying but on life and living.

In the past several years our culture’s long-standing prohibitions against suicide and euthanasia have been seriously challenged. A great tidal change in morality and law may be occurring as the courts seem to be creating a new right—the individual’s right to die. In the fall of 1994 the people of Oregon voted to legalize physician-assisted suicide; Michigan’s courts continued to acquit Dr. Jack Kevorkian for his involvement in the deaths of more than two dozen patients; and in several states federal appeals courts have struck down statues that prohibited physician-assisted suicide. In Life’s Living toward Dying, Vigen Guroian responds to this challenge. He discusses society’s moral confusion over the meaning of death and gives a Christian alternative for care of the dying that is consistent with the strong value that the Christian church has ascribed to human life.

Lifetimes is a moving book for children of all ages, even parents too. It lets us explain life and death in a sensitive, caring, beautiful way. Lifetimes tells about beginnings. And about endings. And about living in between. With large, wonderful illustrations, it tells about plants. About animals. About people. It tells that dying is as much a part of living as being born. It helps us to remember. It helps us to understand.


Dr. Moody offers both answers and peace of mind to those who wonder about death and provides another groundbreaking volume in his ongoing study of life, death and "beyond."...Inside you will discover:

● Startling, newly confirmed phenomena such as: the experience of meeting one’s loved ones in the afterlife and the ability to “tap into” knowledge of any sort.
● What the moving near-death experiences of children can teach us.
● Why NDEs inspire permanent change, greater appreciation of life, more concern for others, increased belief in an afterlife, and decreased fear of death.
● Why medical professionals are considering initiating aggressive scientific research into near-death experiences…and much more

“A good old age can be the crown of all our life’s experiences, the masterwork of a lifetime. There is much speculation about life after death. What about life before death?" So asks Helen Nearing in the foreword to this superb collection that addresses this undeniable theme with a combination of revelation, provocation, and determination. Helen...shares here musings gathered over time from a chorus of voices—from Walt Whitman to Annie Dillard, Ovid to Carlos Castaneda, Emerson to Ann Morrow Lindbergh, Rabindranath Tagore to Anatole Broyard—to present the greatest, most varied picture of the possibilities that advanced age and death offer us.

Designed as gentle support for life’s troubling times, this video introduces a four-step process for dealing with despair; experience the present, review the past, visualize the future, and return to the present anew. Images from nature support the message in a creative way. A life-giving affirmation serves as a fitting conclusion.

The simplicity of using one data set in addressing the relationship of single variables to mortality distinguishes Living and Dying in the USA from other recent investigations of mortality. The authors use the recently released National Health Interview Survey and the National Death Index to make a definitive statement about demographics and mortality. By surveying demographic and sociocultural characteristics associated with mortality, socioeconomic effects, health-related conditions, and health status, they reveal connections among several factors related to mortality chances.

Living Our Dying is a beautiful, compassionate work about enriching our daily lives by being more mindful of what we say and do, and, most of all, by maintaining a sensitive awareness that our time on earth is limited. Guided by a strong belief that repressing thoughts of death makes living less vital and that coming to terms with our dying enables us to live more fully and exuberantly, Joseph Sharp teaches the extraordinary lesson of the cultivation of life’s preciousness through an awareness of death. Replete with poem, prayers, moving quotations, and personal experiences, Living Our Dying is an immensely inspiring book for those who want to experience life more fully, vividly, and joyfully—at any stage of life.


Living When a Loved One Has Died is written for you—to help you understand and work through your grief and to pick up the pieces of your unique and valuable life.


Living with Death and Dying is a compassionate and moving guide to communicating with the terminally ill, Dr. Elisabeth Kubler-Ross, the world’s expert on death and dying, shares her tools for understanding how the dying convey their innermost knowledge and needs...she shows us the importance of meaningful dialogue in helping patients to die with peace and dignity.


In this acclaimed four-part series, veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, each program describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life’s ultimate rite of passage with compassion and comfort.

**Location:** Evening Star Collection

Sudden loss, death without forewarning, understandably creates special problems for survivors. Grief is often intensified since there is no opportunity to prepare for the loss, say goodbye or finish unfinished business. In addition, the nature of the loss can bring on grief reactions such as anger, guilt and hopelessness, among others. There can also be a lingering sense of disorganization and consuming obsession with the person who died... The grieving process is, simply, very complicated, intensified, and demands possibly even more than normally that a survivor struggle to cope both with the loss and its aftermath. [Here twenty-one individuals, doctors, therapists and survivors share their experiences with traumatic loss.]

This book was produced as a companion to the Hospice Foundation of America’s third annual teleconference... 90 percent of the hospices in the United States reach beyond their own patients and families to become, in a variety of ways, a community resource on grief and bereavement. That is part of the hospice mission and an important service which the Hospice Foundation of America encourages and tries to support.


**Location:** Evening Star Collection

Alexandra Kennedy has written a wonderful book that provides a deep and moving account of her experiences in dealing with her father’s death. She eloquently explains her own grieving and how she used the grieving process in her own psychological and spiritual journey. This is truly a pioneering look at the spiritual dimensions of loss and grieving.


**Location:** Evening Star Collection

Evening losing a toy or a game feels rotten. But when a friend moves away, a parent leaves home during a divorce, or a loved one dies, sometimes it seems as if the hurt will never go away. So how is it possible that loss can be an important opportunity? Rabbi Mac Gillman and Monsignor Thomas Hartman—also know as television and radio’s God Squad—draw on years of counseling experience to suggest universal truths that will help those of any religion to live and grow through loss large and small... They’ve selected comforting readings from favorite prose and poetry, offering wise words, healing laughter, or time for quiet reflection.


**Location:** Evening Star Collection

A young woman holds her newborn son and looks at him lovingly. Softly she sings to him:

*I'll love you forever,
I'll like you for always,
As long as I’m living
my baby you’ll be*

This is the story of how that little boy goes through the stages of childhood and become a man. It is also about the enduring nature of parents’ love and how it crosses generation...

Many years working as a Hospital Chaplain led John Quinlan to write this simple, prayerful and compassionate guidebook for those facing the trauma of the death of a loved one and the painful process of bereavement which follows it. Firmly based on the writings of Kubler Ross and the best modern psychotherapy, the book uses case histories and personal stories to console and encourage the reader. It also offers some simple prayers for the various stages of the journey. Loved and Lost covers the particular problems of stillbirth and neo-natal death and offers some concrete ideas for the kinds of policies which hospitals might adapt in these cases.


Managing Death in the ICU reviews the state of the art caring for patients dying in this setting. The first section of the book places death in the ICU within the context of recent changes in medical care, and reviews the changing epidemiology and ethics of death in the ICU. The second section reviews the decision to limit life-prolonging treatments. Chapters on the role of outcome prediction, the effect of bias in decision making, and the role of quality of life are presented. In the third section, contributing authors present the practical skills needed to provided the highest quality of care to these patients, including communicating with patients and families, managing pain and other symptoms, the principles and mechanics of withdrawing life support therapies, and the essential role of nurses in managing death in the ICU. The forth section presents important societal issues and the role of cultural differences and discrimination in providing intensive care. A final section briefly describes the unique issues that arise when caring for patients with some of the more common diseases that precipitate death in the ICU. Two special populations, children and the elderly, are also addressed.


For the years (1979-1982), we have offered through the Dying Project, a free consultation phone for the “terminally ill and those working closely with death.” Most of the matter in this book comes out the recorded sharings on the “dying phone.” Most callers were responding to various announcements that our counseling had to do with “using the exploration of death as a means of spiritual awakening.” Some may feel unprepared to face this much suffering. But the suffering we experience while reading these stories is our own suffering...This is the suffering that connects us with all suffering. These are not isolated stories...These are stories of those who have been brought to their edge. Each has taken a step in unexplored territory, and entered the no-man’s land of uninvestigated life...

WM 900 S71 1991

...The text identifies the major characteristics of men’s grief and discusses their origins and contexts. It explores various ways in which men can facilitate the processing of their own grief; it also serves as a resource for mental health professionals, caregivers, and loved ones as they assist survivors. Very simply, the material presents the what, why, and how of men’s grief... Equally as important, this work provides insights, coping strategies and nurturing techniques to caregivers and survivors. It is with deep respect, and the hope for a grieving process that transcends cultural dictates, that this material is offered to the grieving man and all those who care for and about him.


W 50 Q734 1996

A Midwife Through The Dying Process, illustrates one physician’s vision of a better way to die, focusing on partnership, commitment, and joint decision-making. Timothy Quill, M.D., explores questions faced daily by patients, families, and their physicians in confronting terminal illness and the choice between aggressive medical therapy and hospice-oriented approaches that emphasize the quality of life. At the heart of this book are the compassionate accounts of the lives and deaths of nine very different patients cared for by Dr. Quill. Some fought death bitterly, while others found in their dying an opportunity for personal healing and fulfillment. Each patient made challenging decisions, circumscribed by medical conditions, but founded on their personal histories and values, as well as on their concepts of self, spirit, and community.


CH WM 900 C67 1983

At the middle of a crystal glade called Meadows of Morning a colt was born named Morgan. He was a very curious colt that chased butterflies and bees, but always ventured back to the protections of his mother. One day Morgan wandered off toward a steam and slipped into the water. He floated down stream until he washed up on a sandy beach. He could not move, and his mother could not help him. A unicorn by the name of Morning Star tells him she can save him, but he will never be able to join the rest of his kind again. What will Morgan decide?


WM 900 E53 1990

In her first book, Sara Engram brings together very practical and informative advice for anyone faced with the loss of a close relative or friend. Her common sense approach provides the reader with step-by-step advice: how to make funeral and burial arrangements, make plans in case of death during travel, notify family and friends, and talk to children about death. Where her expertise stops, Ms. Engram provides alternative sources of information, guiding readers in the right direction. 

...Mortal Matters, her nationally syndicated column, helps thousands of readers cope with, prepare for, and understand life and death.

WM 900 A73 2003

...Ashenburg began to explore the rich and endlessly inventive choreographies different cultures have devised to mark a universal and deeply felt condition. Her travels and researches explored familiar customs like the Jewish ritual of sitting Shiva and Mexico’s Day of the Dead and, further afield, introduced her to Hindu funeral pyres, the “merry wakes” of Newfoundland, and other unexpected customs. She also journeyed back in time to uncover the changing face of mourning from the Roman era to the present, paying particular attention to the hair, bracelets, deathbed portraits, and elaborate rites of those mourners par excellence, the Victorians...Ashenburg reveals, the grieving customs of the past were so integrated into daily life that ultimately they gave rise to public parks, department stores, and ready-to-wear clothing.


WM 900 F37 1994

Even with the help of friend and family, grieving the death of a loved one can be a complex, sometimes overwhelming, process. The Mourning Handbook is written as a companion to those mourners in need of practical and emotional assistance during the trying times before and after the death of a loved one...Helen Fitzgerald gives special attention to the complex emotions that accompany especially traumatic situations, such as when a loved one has been murdered, when there have been multiple deaths, when a body has not been recovered, or when the mourner has been the inadvertent cause of death.


WM 900 S35 1998

Parents die. At any age, the loss of a parent marks a profound and often overlooked transition in life. When the parent leaves a young child to grow up without guidance, nurturing, goading, and love, the event becomes a landmark, a defining moment...This is a rent that can never be repaired, a wound that despite the passage of time and the coming of age never truly heals. In A Music I No longer Heard, Simon and Drantell have collected the voices of seventy men and women who share this poignant life’s journey... As life progresses, the authors point out, every new experience is filtered through the lens of loss...Most of all, these children of loss experience adulthood differently, always compensating in some way when choosing a mate or a career...A Music I No Longer Heard will be therapeutic for those who have lost a parent and will enable those who have not to understand the complex emotions that surround this all too common experience.


CH WT 116 D26 1978

Tommy loved his family’s Sunday visits to his grandmother, Nana Downstairs, and his great-grandmother, Nana Upstairs. When Nana Upstairs dies, it is the closeness of his loving family which comforts him and helps him to accept her death.


No Death, No Fear: Comforting wisdom for life / Thich Nhat Hanh. 2002

The Buddha understood that birth and death are not real. The fact that we think they are true makes a powerful illusion that causes all our suffering. The Buddha taught there is not birth, no death; no permanent self, no annihilation. We only think there is. When we understand that we cannot be destroyed, we can appreciate life in a new way. It is possible to live every day without being afraid of what will happen when we die. Through a close examination of who we are, how we exist, and how we live, we can conquer our fears. Through stories and lucid teachings, Thich Nhat Hanh brings peace of mind to a difficult subject and shows us how to live a happier life, free of fear.
WM 900 B76 2006 c.1 Location: Evening Star Collection
The years that Chaplin Norris Burkes has spent among life’s waiting room and battlefields has shown him two things: that miracles happen every day, and that none of them are small—just sometimes unexpected. And while he doesn’t claim to have all the answers, he is certain—from his own journey, and from the experiences of the fellow seekers he’s met—that we should have faith in the One who does. In this tender collection of stories about daily miracles of all kinds, award-winning syndicated columnist Burkes poses thoughtful questions of faith, love, family, and the human spirit and the essence of hope. If you ever wonder whether faith can make a difference inside of tragedy, where God can be real and personal, whether humor can find its way through the pain, this heartwarming book will show you. It will convince you that every day, every circumstance, every moment really does hold its share of hope, healing and miracles---if we know what to look for.

WM 900 B76 2006 c.2 Location: Evening Star Collection
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WM 900 P54 2006 Location: Evening Star Collection
At her father’s death, developmental psychologist and psychotherapist Mary Polce-Lynch realized the deep need or a new kind of legacy—one that transcends the last wills and testaments that disperse only our material possessions. Dr. Polce-Lynch’s groundbreaking Nothing Left Unsaid provides guidelines for creating new legacies, showing us how to craft a last communication for a spouse, parent, friend, children, or grandchildren. These healing “Final Words” offer survivors a tangible sense of closure—whether in the event of a sudden death, terminal illness, or a the end of a long, well-lived life. Both practical and inspiring, Nothing Left Unsaid also introduces “Legacy Letters,” which provide a way for us to express our feelings to loved ones who are approaching the end of their lives. Both Final Words and Legacy Letters ensure that we have done all we can to let our loved ones know our thoughts and feelings, allowing us to honor relationships and convey values, hopes, wishes, and memories, leaving behind a deeply rewarding legacy that truly leaves nothing left unsaid.
**WT 104 K9 1969**
Location: Evening Star Collection
One of the most important psychological studies of the late twentieth century, **On Death and Dying** grows out of Dr. Elisabeth Kubler-Ross’s famous interdisciplinary seminar on death, life, and transition. In this remarkable book, Dr. Kubler-Ross first explored the now-famous stages of death: denial and isolation, anger, bargaining, depression, and acceptance. Through sample interviews and conversations, she gives the reader a better understanding of how imminent death affects the patient, the professionals who serve the patient, and the patient’s family, bringing hope to all who are involved.

**WG 169.5 H838o 2001**
Location: Evening Star Collection
With humour and honesty, Peter Houghton’s story chronicles the uneven path back from the brink of death. Combining knowledge drawn from his counseling work with other dying people and his unique personal experience, he describes what dying really feels like and explains the physical processes it involves. He also raises profound questions about medical trials and palliative care, and especially about our attitudes of life and death, and the way we approach death.

**WY 150 F35 1996**
Location: Evening Star Collection
Everything in this book happened. These are real nurses and real patients. The con artist with the bogus bad back...The beautiful eighteen-year-old paralyzed by a hit-and-run driver...The shy Navajo grandmother who chose to sleep on the floor rather in a hospital bed...These and many others play their parts in this wonderful book and teach us much about ways of living and dying, the bitter ironies of fate, and the twin miracles of love and healing.

**WM 900 S72 1996**
Location: Evening Star Collection
Weaving together a rich variety of resources from the contemporary Goddess movement, powerful psychic techniques, and the ancient traditions of Buddhism and Greek mythology, healer and writer Diane Stein leads the reader on a remarkable journey to loving acceptance, affirmation, and hope. **On Grief and Dying** offers a healing perspective and important insights on the central issues of death and loss.

**WM 900 K71o 1991**
Location: Evening Star Collection
Dr. Elisabeth Kubler-Ross is the world’s foremost expert on the subjects of death, dying, and the afterlife. This book collects for the first time four essays drawn from her years of “working with the dying and learning from them what life is all about,” in-depth research on life after death, and her own feelings and opinions about this fascinating and controversial subject.

When you learn someone you love is dying, you enter an experience you’ll never forget. Jim Miller has pulled together twelve ideas to help you make the most of this time of caring for another person while you also find ways to care for yourself.


In this compassionate work, Rabbi Marc Angel addresses a universal—but largely overlooked—phenomenon: Adult orphanhood. How do adults confront the death of their parents? What are the stages of death and mourning? How does the influence of the deceased parent continue to affect the lives of adult children? This book presents a thoughtful discussion of the processes of adult orphanhood: anticipating the death of a parent, mourning the parent, and internalizing the reality of the parent’s death. Presenting practical as well as philosophical issues, it moves from personal experiences of adult orphanhood to more general themes of mortality, mourning, and permanent influences of parents. Based on knowledge gained over many years in the rabbinate, from personal confrontation with the death of the author’s mother, and from a study of scholarly and philosophic literature, this book addresses central issues in the lives of almost everyone: Issues which are typically avoided or denied in western cultures. It offers practical guidance, along with a spiritual and philosophical backdrop, for trying to understand the meaning of life and death.


One of the best-loved spiritual writers of our time takes a moving, personal look at human mortality. As he shares his own experiences with aging, loss, grief, and fear, Nouwen gently and eloquently reveals the gift that the living and dying can give to one another.


Franca and Peter Napoli said a long goodbye to their 4-year-old daughter Christina, who died of a brain tumor. Linda and Glen Woods lost two sons, one in a car accident, one to suicide. And Margaret and former Canadian Prime Minister Pierre Trudeau’s son Michel drowned. In this powerful program, three couples describe the ordeal of losing a child and their search for meaning in the face of tragedy that can become an all-consuming grief. It is a search that begins with tears, denial, and guilt at surviving one’s offspring, but often ends in a new equilibrium and a heightened sense of the sacredness of life.

**Location:** Evening Star Collection

*The Pagan Book of Living and Dying* is an invaluable source of both spiritual counsel and very practical tools and techniques for:

- Honoring and caring for a dying person
- Grieving a beloved relative, partner, or friend
- Planning a funeral or memorial service
- Distributing personal possessions and making room in the home for a loved one’s memory
- Understanding and mourning specific types of death, including miscarriage and terminal illness
- Providing final instructions for one’s own death and much more


**Location:** Evening Star Collection

In this deeply sympathetic book, Phyllis R. Silverman and Madelyn Kelly offer wise guidance on virtually every aspect of childhood loss, from living with someone who’s dying to preparing the funeral; from explaining death to a two-year-old to managing the moods of a grieving teenager; from dealing with people who don’t understand to learning how and where to get help from friends, therapists, and bereavement groups; from developing a new sense of self continuing a relationship with the person who died. Throughout, the authors advocate an open, honest approach, suggesting that our instinctive desire to “protect” children from the reality of death may be more harmful than helpful. “Children want you to acknowledge what is happening, to help them understand it,” the authors suggest. “In this way, they learn to trust their own ability to make sense out of what they see.”


**Location:** Evening Star Collection

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Drawing from the Talmud, the ancient Greeks, and the sacred texts of many other religions and cultures, Rabbi Kamin explores death in the context of life. He explains how and why death can inform and illuminate our everyday lives. He probes the eternal questions about death to help guide us toward understanding and acceptance, describes invaluable life lessons our deceased loved ones continue to teach us, and shares his thoughts on immortality. The Path of the Soul is also filled with moving, real-life stories...from the ninety-five-year-old man who still mourns the death of his best friend nearly eighty years before to the cancer-stricken young mother who must say good-bye to her children. A wise compassionate book that helps us see the power of the soul during all the cycles of our lives and uplifts the spirit in the darkest times.


Peaceful Dying based on the FairCare program founded by Dr. Dan Tobin, presents a 26-step program designed to return control and peace to those who have entered this stage of life and to help all involved—the dying, their families, and health-care providers alike—appreciate the challenges dying presents. From addressing such formal concerns as creating living will and pain relief to finding forgiveness, love, and peace of mind, this compassionate and empowering guide will ease our natural anxieties about the end of life...


Most medical students and physicians receive no formal training dealing with death and the process of dying on a personal, emotional, or spiritual level. We believe that physicians and health professionals must address death directly, not ignore it...Beliefs about death are intensely personal. The authors hope that this book will serve as a useful guide as health care professionals clarify their views and work with the widely divergent views of the patients, families, and physicians they encounter...The authors have tried to paint a portrait that encompasses the wide range of cultural, emotional, spiritual, and psychological beliefs that dictate how people deal with the subjects of death and dying.
Dr. Kevorkian made headlines throughout the country in June 1990 when he aided Janet Adkins, a mentally competent victim of rapidly advancing Alzheimer’s disease, in performing the first publicly acknowledged physician-assisted suicide—what he terms medicide. Dubbed the “suicide doctor,” Kevorkian is a man to whom the highest ethical principle is individual self-determination. In Prescription: Medicide, he takes on the medical establishment, politicians, theologians, and all who actively resist a rational and comprehensive program of dignified, humane, and beneficial planned death...Because he considers the loss of human life a negative under all circumstances, Dr. Kevorkian takes great pains to explain why euthanasia, physician-assisted suicide in general, and the use of his suicide machine in particular can lighten the moral burden on doctors while emphasizing and enhancing the individual freedom of countless terminally ill, painfully crippled, and severely incapacitated people who have made the rational choice to end their lives. He contends that such procedures represent the first step toward a positive ethical stance by setting the stage for an entirely new medical specialty, which would offer concrete options under strictly controlled conditions, thereby allowing individuals to determine the real value of personal death. With clarity and logical precision, Dr. Kevorkian validates the ethical basis of his proposal and shows how they are often thwarted by the vestiges of medieval thinking that continue to grip lawmakers, the medical community, and society at large.

WS 200 B47 1978 Location: Evening Star Collection
“The death of a child,” writes Myra Bluebond-Langner, “poignantly underlines the impact of social and cultural factors on the way that we die and the way that we permit others to die.” In a moving drama constructed form her observations of leukemic children, aged three to nine, in a hospital ward, she shows how the children come to know they are dying, how and why they attempt to conceal this knowledge from their parents and the medical staff, and how these adults in turn try to conceal from the children their awareness of the child’s impending death.

WM 900 K177 1999 Location: Evening Star Collection
This book examines the ways in which individuals at the end of life are influenced by aspects of their interpersonal and social environments. Dr. De Vries and contributing authors explore topics including: particular preferences for place of death, attitudes toward funerals, widowhood, family bereavement, and life-prolonging decision-making, among others.

WM 900 K71 1974 Location: Evening Star Collection
On Death and Dying is one of the most important books ever written on the subject and is still considered the benchmark in the care of the dying. It became an immediate bestseller, and Life magazine called it “a profound lesion for the living.” This companion volume consists of the questions that are most frequently asked of Dr. Kubler-Ross and her compassionate answers. She discusses accepting the end of life, suicide, terminal illness, euthanasia, how to tell a patient he or she is critically ill, and how to deal with all the special difficulties surrounding death. Questions and Answers on Death and Dying is a vital resource for doctors, nurses, members of the clergy, social workers, and lay people dealing with death and dying.

WA 840 J55 1997 Location: Evening Star Collection
R.I.P: The Complete Book of Death and Dying is a fascinating compendium designed to address your every question of the subject of death. Here’s a sampling of its scope and coverage.

● How does the coroner determine the exact time of death?
● What exactly is a “death rattle”?
● How did the Egyptians make a mummy?
● Depending on your current age, how long can you expect to live?
● What’s on a death certificate—and why?
● What jokes do morticians tell among themselves?
● Does modern science have answers to the paranormal events surrounding near-death experiences?
● Which country has the highest death rate and what is the world’s leading cause of death?
● How do mortuary cosmetics differ from the kind you buy at the drugstore?
● What are some classic last words?
● Why would we say someone is “death right”? These questions and many more!

This beautiful story is about love and caring and loss. Suzy and Peter are best friends with each other and with their unseen companions, Theresa and Willy. They all play together and are happy in spite of others who scoff at Peter and Suzy’s supposedly imaginary friends. Suddenly the reality of death must be faced by the two children. How they both grow in understanding themselves and their universe is the theme of Elisabeth Kubler-Ross’s first book for young people. There is sadness here, but also victory and wisdom.


“You are just pages away from sharing an inspirational journey. This is a story of a child who had a life threatening advanced cancer. It is a story of humility, fear, hope, and a strong faith in God. You will witness how well the Luigi family overcame such a frightening event with spiritual strength and a sense of optimism and love. Even if you are not the one facing similar prospects, this book will gently guide you to a small and probably forgotten corner of the world. A place where young lives and their families struggle to fight childhood cancer with all they have whether it is modern medicine or words of God from the scriptures.” Dr. Yung Yim


Joshua is nine now, and ever since he was five, he’s been going to his Grandmother Goldina’s for the Sabbath. At sundown, Grandma says the blessings and lights the candles. Then she and Joshua share the delicious food she’s cooked—the fragrant braided challah, the blintzes with applesauce, and all the other wonderful dishes. The peace of their Sabbath meal, and his walks and games with Grandma mean a lot to Joshua, but what he loves best of all is sharing her “remembering box.” Sometimes Grandma’s stories are funny, sometimes they are exciting, but from each of them Joshua learns a little more about the people from whom he comes. In *The Remembering Box*, Eth Clifford has written a moving affirmation of family love and tradition.


By experimenting with such facilitators as mirrors, crystals, and specially designed chambers, Dr. Moody created an environment in which many unbiased, intelligent men and women have achieved amazing success in calling forth visions. Here are their own descriptions, recorded immediately afterward, of what they saw, heard, and felt during moments of precious closeness that left them confident they had been in the actual presence of their dead loved ones.

Location: Evening Star Collection

A Sacred Dying vividly portrays the love that is released in a family when the veil of silence surrounding death is lifted and shows that facing death enhances life for the living as well as the dying.


Location: Evening Star Collection

“The Sacred Remains traced American attitudes toward the dead from the death of George Washington in 1799 and the assassination of Abraham Lincoln in 1865 to the emergence of organized mortuary enterprises at the close of the 19th century...[Laderman] focuses on the place and treatment of the dead human body and the customs and rituals of funerals as guides to the cultural, spiritual, and religious landscape...[A] well-reasoned and researched test [that is] an important study of grave matters, mortuary arts, and the meaning of death.—Thomas Lynch


Location: Evening Star Collection

Sadako Sasaki was only twelve years old when she died. She was two when an atom bomb was dropped on the city of Hiroshima in Japan, where she lived with her family. Ten years later, she had leukemia as a result of radiation from the bomb. Sadako had folded six hundred and forty-four cranes. The flock hung above her bed on strings. Her classmates folded the rest. Today Sadako is a heroine to the children of Japan, who visit her memorial in Hiroshima Peace Park to leave the paper cranes they make in her honor.


Location: Evening Star Collection


Location: Evening Star Collection

“Although few adults will succeed in finishing the book with dry eyes, children old enough to wonder about what goes on at a funeral will be fascinated with the details of an occasion about which they often hear but in which they are seldom included. One finishes the book with a feeling of joy for life, especially as it is celebrated by children.” Horn Book

WP 870 M11 1999

Location: Evening Star Collection

Acclaimed author and journalist Myra MacPherson takes the reader on a remarkable intimate journey into the world of Anna, a vibrant young woman as she and her family live with dying... Anna teaches us that a positive attitude can prolong life and how to live out loud until the last second. MacPherson addresses common concerns:

- How families deal with young and teenage children of sick and dying parents
- How family and friends provide better caregiving support
- Why resilience, anger, and humor sustain us and why platitudes are odious
- The health field: why doctors avoid death and often ignore dying patients, and advice for change
- Grieving: how long it lasts, how and why men and women grieve differently, what grievers can do, and how friends can help


WC 503 G16 1995

Location: Evening Star Collection

What is a caregiver? Some people are born to the position; some embrace caregiving to heal their own wounds; some have caregiving thrust upon them by life circumstances. In each case, caring for a patient, client, relative, or friend carries its own rewards and its own burdens. Here are twenty compelling portraits of exemplary caregivers accompanied by insightful commentaries on the skills to be learned from each individual’s story. Honest, funny, poignant, wise, and always inspiring, these accounts help to demystify the caregiving process and to reveal:

- The impact of increased hope and surviving long-term
- How to avoid bereavement overload and compassion fatigue
- The importance of setting healthy limits


CH WM 900 L27 1995

Location: Evening Star Collection

“Wake up!” my mother calls. “It’s the Day of the Dead! We’re going to honor your tio Fernando.” As I help get the altar ready, my mother tells me that later, at the cemetery, we will meet with uncle Fernando’s spirit. At the market, I buy special things for Tio’s grave. I watch the musicians and the actors singing songs of life and death. And all day I wonder: How will I meet Tio’s spirit? How will I know it is really him?

Despiértate!—me dice mi mama, Hoy es el Día de los Muertos! Vamos a honrar la memoria de tu tío Fernando. Mientras ayudo a mi mama a preparar el altar, ella me dice que más tarde, en el cementerio, nos reuniremos con el espíritu de mi tío. Compro en el mercado algunas de los cosas que a mi tio más le gustaban, para llevarselas a la tumba. Veo cómo los músicos y los actores cantan canciones sobre la vida y la muerte. Y durante todo el día me pregunto cómo podré encontrar el espíritu de mi tío y cómo podré saber que realmente es él.

It’s about our own death, or the death of someone we love. We don’t want to think about it, let alone talk about it. But this courageous book is not like any discussion of death you have ever had. Ganga Stone, founder of the renowned charity “God’s Love We Deliver,” offers comfort for us all and first aid for anyone in a death-related crisis...The promise of this book is that it will transform the way you think about death...Step by step you will build your own conviction that there is no death. And finally, you rethink the whole idea of grief. Is it necessary? Ganga’s controversial answer is NO. And she tells us why.


Straight Talk About Death and Dying provides valuable information for adolescent readers on how to deal with the problems and emotions surrounding death and dying. Readers will explore such topics as:
- American attitudes toward death
- Teenager’s own experiences with death
- Kubler-Ross’s five stages of dying
- Where to get advice or further information

STRAIGHT TALK ABOUT DEATH FOR TEENAGERS: how to cope with losing someone you love / Earl A. Grollman. -- Boston, MA: Beacon Press, 1993. **Location:** Evening Star Collection

If you are a teenager whose friend or relative has died, this book was written for you. Earl A. Grollman, the award-winning author of Living When a Loved One Has Died, explains what to expect when you lose someone you love. He discusses:
- Normal reactions to the shock of death, including disbelief, anger, panic and loneliness
- How grief can affect your relationships with family, friends, and classmates
- How participating in a funeral can help
- Surviving birthdays and anniversaries
- How you can work through grief and begin to live again

_A Student Dies, A School Mourns_ is a practical book that not only examines the common reactions of student and faculty to a death in the school community, but also provides schools with a systematic guide for developing a death-related crisis response plan. Dr. Klicker has called upon his years of experience as a grief counselor and educator to provide a thorough analysis of grief reactions and the developmental and environmental factors effecting them. Dr. Klicker offers many unique features in this invaluable book, including:

- An extensive discussion of two particularly timely topics, youth suicide and violence in schools.
- A step-by-step plan for creating a Crisis Response Team.
- Liberal use of easy-to-understand time-tables, samples correspondence, and action plans.

_A Student Dies, A School Mourns_ will be a vital resource for school counselors, social workers, school administrators, teachers, clergy, and anyone with an interest in death in the school community.


_Suddenly Single_ focuses on the trauma of losing a loved one—from death, divorce, separation, or break-up. It examines in easy-reading style what happens in grief and offers practical, down-to-earth ways of coping with loss. The book provides important help to people who have experienced the loss of a spouse, child, sibling, parent, friend, and lover. Also those who have lost a job, experienced children leaving the nest, moved to another city, and lost a beloved pet.


_In this positive and straightforward book, Charles Meyer addresses the situations and circumstances surrounding death. He gives readers a practical way of dealing with death, as he attempts to instill in them the freedom to grieve and the wisdom to then move from grief. _Surviving Death dispels the myths surrounding the care of the terminally ill, and presents a strong case for confronting the issues of our mortality while we can still do so...The information on grief and survival is helpful in other situations of loss such as divorce, separation, disability, chronic illness, or loss of employment._
Surviving Pregnancy Loss includes:

- first-person accounts of women who have experienced pregnancy loss
- a discussion by health care professionals of the physical and emotional consequence of pregnancy loss
- an exploration of options for the future—trying again, choosing childlessness, or considering adoption (with all the latest information on agency, international, and private adoptions)
- sensitive advice on the partner’s experience, the reaction of family and friends, dealing with multiple losses, and explaining loss to children


Talk before sleep...Ann and Ruth have always talked as only great friends can—honestly, and about everything: husbands and marriages, sex lives and children, their work, their hopes, their disappointments, and their dreams. For Ann, cautious and conventional, her closeness to the outspoken and eccentric Ruth brings about discovery and liberation, a chance to say whatever she wants, and, most important, under the insistent tutelage of Ruth, to become herself. Over the years, the women have shared recipes, quilting patterns, child care, delicate and dangerous secrets. Each rests secure in the knowledge that they will be friends forever. Then Ruth is diagnosed with cancer, and everything changes; the women begin to share something more profound than either of them might have predicted...


Talking about death...Why do people die? How do you explain the loss of a loved one to a child? A compassionate guide for adults and children to read together, featuring a read-along story, answers to questions children ask about death, and a comprehensive list of resources and organizations that can help.

In addressing the needs and the desires of the terminally ill many professional caregivers, especially within the hospice community, have labeled their caregiving palliative care. Palliative care can be defined simply as caring for people without trying to change or cure them. This definition closely parallels the Tao Te Ching’s central concept of wei wu wei, literally translated as doing by not doing. Both of these concepts, palliation and wei wu wei, affirm a way of interacting that is characterized by accepting people, things, and processes for what they are without trying to manipulate, alter, or control them. These two concepts inspire the thoughts of this book. Finally, most of the inspiration for this book comes from the dying themselves. The dying enliven within their caregivers an awe that can only manifest itself in caring without trying to change or cure, respecting without limiting that respect, allowing without ever needing to control. That is palliation. That is wei wu wei.

Maybe it’s hearing about friends, driving home from a dance, who get into a care wreck that no one survives. Or a fellow student—the one who wears a bandanna to hide what chemotherapy has done to her hair—one day fails to show up for homeroom. Or an announcement over the school’s PA system: “There will be a memorial service this afternoon...” For many young people, this will be their first exposure to death. This program features Camp Comfort Zone, in Virginia, where viewers meet teens who have come to spend a weekend of talking, enjoying the outdoors, and sharing their grief over someone they’ve lost. The stories range from suicide, to sudden death, to terminal illness, and as the camp weekend progresses, viewers see how veteran campers help first-timers release their feelings. As healing and personal growth continue, an amazing positive spirit, in most cases, actually overshadows the sadness.

Children have a special love for grandparents. To them they are very special people. They believe them and know they can count on them for love and caring. This book takes the great unknown of death and, through the words of PAPA, tells it as it is. The feelings that are triggered by death are explained and shared in a loving and caring context. The child will learn that feelings are normal. They will learn what death is, what happens at a funeral, and how a funeral service is a way of saying goodbye.

WM 900 G35 1997

Location: Evening Star Collection

For Carol it began with a phone call in the middle of the night, a call that brought unbearable news: Her grandchild, her daughter’s infant son, had died in his own crib of SIDS, Sudden Infant Death Syndrome. Within hours, Carol was on a plane from California, returning home to the family who needed her more than ever. In this unforgettable true story, Carol chronicles the miraculous appearance of an angel named Janith, who came to speak to them through Carol’s daughter. Meeting resistance and skepticism at first, Janith slowly began to win over the grieving family as she showed them a reality they never before perceived. In a remarkable series of encounters, Janith guided a shattered family through more pain and loss, to an interconnectedness that would explain the inexplicable, and a truly miraculous spiritual rebirth that would lead them into the future.


CH WS 200 T53 1979 c. 1

Location: HOPE CORNER

This is a book written for children like us who have gotten sick with cancer, leukemia and other sicknesses where you are scared [and] you might die. We find as we help each other, we help ourselves. We hope that writing this small book will help you gain through sharing our experiences.


CH WS 200 T53 1979 c. 2

Location: HOPE CORNER

This is a book written for children like us who have gotten sick with cancer, leukemia and other sicknesses where you are scared [and] you might die. We find as we help each other, we help ourselves. We hope that writing this small book will help you gain through sharing our experiences.


CH WM 900 S355 2001

Location: Evening Star Collection

…Libby was born with a rare disorder. Though she wasn’t expected to survive six months, she lived three and a half years. When Libby died, five year old Jack struggled to understand. That year his mom began a diary. These are Jack’s words. They are painfully normal, typical of grieving kids. Yet he thought no one in the world could possibly know how he felt. Grief invites questions. Questions with no right or wrong answers. Questions with no answers at all. Questions like these. Use this book for discussion. Or perhaps more importantly, use it for listening. Someone wants to be heard.

WM 900 H71 2001

Location: Evening Star Collection

In A Thousand Goodbyes, Jim Huber navigates an emotional landscape nearly everyone has or eventually will travel. In his masterful storytelling style, Huber weaves a poignant, often humorous, memoir of a father-son friendship that blossomed and matured during his father’s final days. A heartfelt portrait of a relationship redeemed, A Thousand Goodbyes will speak volumes to anyone who has said—or will be saying—good-by.


WM 900 R35 2002

Location: Evening Star Collection

This acclaimed spiritual masterpiece is widely regarded as one of the most complete and authoritative presentations of the Tibetan Buddhist teachings ever written. A manual for life and death and a magnificent source of sacred inspiration from the heart of the Tibetan tradition, The Tibetan Book of Living and Dying provides a lucid and inspiring introduction to the practice of meditation, to the nature of mind, to karma and rebirth, to compassionate love and care for the dying, and to the trials and rewards of the spiritual path.


WM 900 T31 1993

Location: Evening Star Collection

The so-called Tibetan book of the Dead has been renowned for centuries as a classic Buddhist wisdom and religious thought. More recently, it has become highly influential in the Western world for its psychological insights into the processes of death and dying—and what they can teach us about the ways we live our lives...Its profound message is that the art of dying is as important as the art of living. Drawing on Tibetan spiritual traditions, it shows us the working of the mind in its various manifestations.


WM 900 Tim 2000 D

Location: DVD COLLECTION

In this acclaimed four-part series, veteran PBS journalist Bill Moyers reports on the growing movement in America to improve care for people who are dying. Using interviews and research from across the country, each program describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life’s ultimate rite of passage with compassion and comfort.
TIME TO GO: three plays on death and dying, with commentary on end-of-life issues
(Journey into that good night; Stars at the break of day; Time to go) / edited by Anne
WM 900 T35 1995
This unusual and timely book presents three prize-winning, one-act plays on the hard choices
that patients, their families, and their physicians often face at the end of life. Each play is
followed by a critical commentary, with suggestions for staging and follow-up discussions. The
introduction provides a lucid and succinct explanation of the human, ethical, and legal contexts
for the rights of patients in the United States to make important decisions about their health
care... Time to Go is intended to increase awareness and knowledge about advanced directives,
and beyond that, to facilitate discussion about the many complicated issues surrounding death
and dying today. Besides its interest for the general reader, it should prove useful in the
education and outreach programs of medical and nursing schools, colleges and universities, and
civic and religious groups.

A TIME TO GRIEVE: meditations for healing after the death of a loved one / Carol
WM 900 S71 1994 c.1
Some survivors try to think their way through grief. That doesn’t work. Grief is a releasing
process, a discovery process, a healing process. We cannot release or discover or heal by the
use of our minds alone. The brain must follow the heart at a respectful distance. It is our hearts
that ache when a loved one dies. It is our emotions that are most drastically affected. Certainly
the mind suffers, the mind recalls, the mind may plot and plan and wish, but it is the heart that
will blaze the trail through the thicket of grief.

TO DIE WELL: your right to comfort, calm, and choice in the last days of life / Sidney
WB 310 W15 2007
...a proper definition of the goals of treatment is critical to a peaceful dying... addresses the
turning points near the end of life when it is time to refine the purpose of medical treatment. Is
the goal to restore health, or instead concentrate on shepherding the patient as comfortable as
possible through the dying process? This book also explores the ways in which patients and
families can work with physicians to maintain control over the manner of dying.

With the assistance of photographer Mal Warshaw, Dr Elisabeth Kubler-Ross presents a visually intimate testimony of the lives of four individuals as she counsel's the patients and their families though the dying process and brings them to accept the finality of death.


TRANSITIONS IN DYING AND BEREAVEMENT compassionately explains the key transitions that chronically ill and dying people, their families, and caregivers move through during the process from diagnosis to death to bereavement. Clear explanations along with case studies and sample dialogues reveal the issues and challenges presented at each phase of the journey. Readers will also find:

- activities, exercises, personal essays...that put a face on the hospice experience
- ways to improve communication about the experience of dying and bereavement
- ways to help in planning for death
- ways to help alleviate anxiety, fear, fatigue/burnout, and feelings of denial and powerlessness
- perspectives on body image, intimacy, and sexuality in people who are dying
- sensitive explanations on navigating the three phases of grief
- multicultural and interdenominational perspectives on death and dying
- ways to support staff in this highly challenged work.


The aim of this book is, in its most modest scope, to propose what I hope are some plausible ways of bringing the legal and policy issues in the care of the dying and critically ill back into closer contact with some of the oldest questions of human existence. How might we try to think about death in our own lives? What should it mean to us, and what kind of persons should we try to become as we approach our end?... How ought we to bear pain, suffering, and fear? What kind of stance toward death should be taken by our culture—the culture that will underlie and influence our social policies and practices?... I would like to persuade people that many of our problems in the care of the dying, both in public attitudes and medical practice, stem from some mistaken views of death. Death has no well understood place in medical theory, even if it remains omnipresent in practice... A major part of my more ambitious purpose is to see if we can somehow be prodded as a people to begin the work of creating a common view of death, not just choices about death, appropriate for our time, place, and society. We no longer have that, either collectively or even in most of our ethnic and religious subgroups. It is a great loss...This book is not meant to be a policy manual, a treatise on needed reforms, or an exercise in moral casuistry. My aim is to rethink some of the foundations of policy and morality, not to work out the specific details. Daniel Callahan.

Caring for a dying loved one can be intensely challenging. But for both caregivers and those facing the dying process, taking on the true work of dying can also be intensely rewarding...Drawing on the rich and poignant stories of their patients, the authors show us that when the dying and their caregivers commit themselves to the true emotional and spiritual work of dying, healing is virtually inevitable—though it often comes in unexpected forms.


Near-death experiences are universally fascinating because they provide evidence of a possible afterlife. But they are also of great interest to scientists who wish to prove (or disprove) their very existence. One of the world’s foremost experts in the field, Dr. Peter Fenwick has conducted a thorough study of NDEs, analyzing more than 300 of these life-altering events. The Truth in the Light contains firsthand accounts from those who have glimpsed beyond the physical boundaries of our world.


Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn’t you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once did when you were younger? Mitch Albom had the second chance. He rediscovered Morrie in the last months of the older man’s life. Knowing he was dying, Morrie visited with Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one “final class”: lesson in how to live.
Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn’t you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once did when you were younger? Mitch Albom had the second chance. He rediscovered Morrie in the last months of the older man’s life. Knowing he was dying, Morrie visited with Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final “class”: lesson in how to live.
WM 900 L95 1997  
Location: Evening Star Collection  
“Every year I bury a couple hundred of my townspeople.” So opens the singular testimony of the poet Thomas Lynch. Like all poets, inspired by death, Lynch is, unlike others, also hired to bury the dead or to cremate them and to tend to their families in a small Michigan town where he serves as the funeral director. In this wholly unique collection of essays, the two vocations meet as Lynch shows himself to be a competent functionary of mourning—dispensing comfort and homespun wisdom to the grief-stricken—as well as a poet poignantly tuning language to the right tones of private release. In its homages to parents who have died and to children who shouldn’t have, its tales of golfers tripping over grave markers, portraits of gourmands and hypochondriacs, lovers and suicides, The Undertaking displays an impressively wide vocal range, from solemn, nostalgic, and lyrical to acerbic, sprightly, and unflinchingly professional.

W 50 C43 2002  
Location: Evening Star Collection  
This essay has been adapted and updated from the book “Freedom to Die: People, politics, and the Right-to-Die Movement” by Derek Humphry and Mary Clement (St. Martin’s Press, New York, hardcover 1998, and paperback 2000.)  
This booklet was financed by a grant from the Ana Maria Fund. Ana Maria, when terminally ill, chose to die before all her savings were consumed by medical expenses. In her Will she specifically bequeathed money for the exploration of this argument.

WA 846 C15 1998  
Location: Evening Star Collection  
A creative and thought-provoking look at funeralization in America, this unique text explores our society’s system, the transition, and life choices involved in preparing for death. Validating the importance of the American funeral, the text aims for an understanding and perhaps a new meaning of the American way of death. Features:  
● An analytical look into the future of the funeral  
● Promoting caring and sensitivity to clients/families  
● Trends in death and death care consolidation  
● Discussions on physician-assisted suicide

CH WT 116 S36 1999  
Location: Evening Star Collection  
What is heaven? Is the story of Kate, a little girl whose great-grandma has just died. She seeks answers, and her mother helps her learn about Heaven. The many questions in this book—childlike and thought-provoking—are real, coming form Shriver’s own children, nieces, and nephews when her grandmother Rose Fitzgerald Kennedy passed away. With loving, confident, and ultimately uplifting answers, Shriver taught her family, and will help to teach yours, how to come together, feel closer to one another, and experience peace.
Elisabeth Kubler-Ross, M.D., is the woman who has transformed the way the world thinks about death and dying. Beginning with the groundbreaking publication of the classic psychological study *On Death and Dying* and continuing through her many books and her years working with terminally ill children, AIDS patients, and the elderly, Kubler-Ross has brought comfort and understanding to millions coping with their own deaths or the deaths of loved ones. Now, at age seventy-one facing her own death, this world-renowned healer tells the story of her extraordinary life. Having taught the world how to die well, she now offers a lesson on how to live well. Her story is an adventure of the heart—powerful, controversial, inspirational—a fitting legacy of a powerful life.

More than fifty contributors share vivid, real-life accounts of how the loss of their husband, wife, or domestic partner has affected their lives. By articulating often unspoken feelings and experiences, the authors of these moving essays, short stories, journal entries, and poems provide emotional support and healing comfort for others who, like them, have been touched by the loss of a lifemate.

"Filled with warmth and reassurance,...*When a Pet Dies* assures youngsters that no matter how badly they feel when they lose a pet, in time their hurt will ease, and they will be able to remember with fondness the happiness they shared..."Booklist

No one can really understand death, but to children, the passing away of a loved one can be especially perplexing and troublesome...Here to offer help and reassurance are the wise dinosaurs from *Dinosaurs to the Rescue!, Dinosaurs Divorce, Dinosaurs Travel and Dinosaurs Alive and Well!*.. By exploring the feelings we have regarding death of a loved one and the ways to remember someone after he or she has died, this indispensable book can serve as a comfort to children and families at a difficult time in their lives.

The death of a parent may be the most difficult event in a person’s life. It is hoped that this book will help children learn that the many different feelings they may be having are O.K. The simple pictures and sentences encourage children to add their own thoughts to the story. This book is meant to be read and talked about with a caring adult.

Read the book with the child. Let the child stop and talk about the character in the story. Ask, “When did you ever feel that way.” Share your own feelings about death. Do not force the child to talk if they do not want to. At a later time the child may want to read the book again and talk. Don’t expect your child to come to accept death as quickly as the child in the book did. Grief takes time.


In this sensitive guide, Edward Myers offers sensible, compassionate advice to those coping with the death of a parent. He explores the complex feelings adult sons and daughters experience when a parent dies, whether the death follows a long illness, or is sudden, including the special issues raised by a murder or suicide. He discusses the psychological responses. Practical matters, such as dealing with funerals and estates are also discussed, and a resource guide offers information on support groups, counseling, and additional reading. Enriched by the voices of bereavement experts, clinicians, and individual men and women who have suffered the loss of a parent, When Parents Die will lead the grieving toward insight, growth, solace, and acceptance.


If you or someone you know is caring for a terminally ill loved one, this book will help ease the enormous pain and confusion surrounding this most difficult time. Written with warmth and sensitivity by a woman who suffered through the ordeal herself, this book is addressed to the highly stressed and burdened care-giver. It is easy to read and use...Here are some of the issues discussed in When Someone You Love Is Dying:

Dying:
• Coping with the stress of change—in the patient, within oneself, in the family and among friends
• Finding and using the existing support groups that help the patient and family
• Dealing with practical matters—household duties, visitation, bills, free time, moving the patient
• Organizing legal matters and concerns—wills and living wills, property, income, trusts, bank accounts, Social Security, Medicaid, survivorship, medical records and funeral services
Includes:
• A section of sample forms to familiarize the care-giver with keeping necessary records
• A special appendix of support groups, complete with addresses and phone numbers
• Complete bibliography

Death, the last great taboo, the one experience none of us has encountered firsthand, has eluded all human understanding for millennia. Now, in his unusual and extraordinarily comprehensive book, Cedric Mims illuminates this impenetrably dark abyss, exploring the spectrum of death-related issues. His research includes:

- The biological breakdown of the body
- Causes of death: natural death, premature death, accidental death, suicide, euthanasia, and homicide
- How to die: famous last words and epitaphs
- Near-death experiences
- Disposal of corpses: burial and cremation across cultures
- Preservation of the dead: embalming, mummification, and freezing
- Useful corpses: the magic of DNA and the pathologist’s skills
- Whose body? Criminal investigation into the cause of death; fingerprinting and identifying a corpse from teeth, bones, and blood
- The prospects of immortality

**WHEN YOU KNOW YOU'RE DYING : 12 thoughts to guide you through the days ahead** / James E. Miller. -- Fort Wayne, IN: Willowgreen, 1997.

As individuals we are not sure how to die. Jim Miller has created twelve basic, helpful guidelines to assist those who know their time on earth is limited...This book is the companion to his *One You Love Is Dying: 12 Thoughts to Guide You on the Journey.*


We will have to give up the notion that death is catastrophe, or detestable, or avoidable, or even strange. We will need to learn more about the cycling of life in the rest of the system, and about our connection to the process. Everything that comes alive seems to be in trade for something that dies, cell for cell. We live in society conditioned to deny death. It may be for this reason that many, at the time of their dying feel so confused and guilty. Like sex, death has been whispered about behind closed doors. We feel guilty for dying, not knowing how to live. The ways of a lifetime are focused in our death... This book has addressed itself to the many aspects of the dying process with refreshing insight, candor, and lightness. It invites us to look directly at "what is," with clarity and without judgment. It divests the incredible melodrama called "death" of its frightful power, supplanting fear with calm, simple, compassionate understanding.
... Writing from her own experience as a widow, author and therapist Genevieve Davis Ginsburg is frankly honest as she dispels the myths and disputes the rules, encouraging each widow to begin her new life her own way and time. Explores every aspect of the challenges facing widows:

- Shock, grief, guilt and anger
- Surviving the special days
- Emptying his closet
- Appliance repairs
- Making decisions
- Dating and sex
- Money matters
- Traveling and eating alone
- Keeping a journal
- Family relations
- Special needs of young widows
- Special needs of young widowers
- Survival checklist
- How to start a support group

In Widower, a journalist and behavioral scientist explore and analyze the grief process as men experience it. This book illustrates, through first-hand accounts, some different ways in which men have successfully come to grips with this wrenching loss. This poignantly honest stories offer insight and guidance from the one true authority on widowhood—the man who has survived it—and the authors offer expert analyses of these experiences and point out ways to work through the grieving process.

Death is the one experience we all share but cannot know. In Will the Circle Be Unbroken? a wide range of people address that final experience and its impact on the way we live. In talking about the ultimate and unknowable culmination of our lives, they give voice to their deepest beliefs and hopes, reflecting on the lives they have led and what still lies before them. For the first time Terkel addresses the whole realm of religious belief and of expectations of an afterlife, including reincarnation, and discovers an extraordinary range and complexity of experience and of belief.

Interweaving the intensely moving stories of those who have met death and those who have accompanied them, with stories from ancient myth and legend, and insights gained from author’s decades of experience in guiding others on their journeys toward death, this remarkable book may well change your approach to life as it reveals how we can:

- Focus on our conscious dying to open ourselves to more conscious living
- Listen to our inner feelings and to those of the people we love
- Change patterns of relationships to enhance our connections with ourselves and others
- Use the powerful models of storytelling, myth and ritual
- Finish what needs to be finished—let go of what needs to be let go


Vivian Bearing is an English professor with a biting wit that educates but also alienates her students. With her teaching and life both rigidly under control, Vivian would never let down her defenses, until the day comes when they are taken down for her. Diagnosed with a devastating illness, Vivian agrees to undergo a series of procedures that are brutal, extensive and experimental. For eight months her life must take an uncharted course. No longer a teacher, but a subject for others to study, Vivian Bearing is about to discover a fine line between life and death that can only be walked with wit.


People often find it difficult to talk about issues pertaining to death. But Advanced Care Planning (ACP) is an important part of living for young people as well as old. For a healthy individual, ACP clears up any mystery should an accident or sudden illness occur. Someone living with a chronic or terminal illness needs to let doctors and family members know what type of extraordinary measures, if any, they would like to be used to sustain their life. For a person who is nearing the end of life, this is an imperative decision.

Hosted by Pat McConahay, this KVIE production presents interviews with physicians, Senator Deborah Ortiz who authored the legislation making the Week of November 7 California Health Care Decisions Week, a hospice doctor at the home of one of his patients who is suffering from terminal cancer, a father whose home of one of his patient, [and] a father whose son was killed in an automobile accident...
WITH LOVE AND DIGNITY: Compassionate Care / Sutter Health
WM 900 Wit 2004 D c.2 Location: DVD COLLECTION
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WORKING WITH THE DYING AND BEREAVED: Systemic Approaches to Therapeutic Work / Edited by Pauline Sutcliffe, Guinevere Tufnell and Ursula Cornish.
WM 900 W56 1998 Location: Evening Star Collection
The book provides a broad theoretical framework and practical strategies for systemic therapeutic work. Each chapter demonstrates how the approach has been applied by the therapist to work within a particular model, each with its characteristic techniques. The therapist’s role and interventions are explained, showing how, why and when particular interventions are made. The processes described can help the therapist both in the acute situation and in identifying needs that may call for longer-term work.

WM 900 D32 2005 c. 1 Location: Evening Star Collection
From one of America’s iconic writers, a stunning book of electric honesty and passion. Joan Didion explores an intensely personal yet universal experience: a portrait of a marriage—and a life, in good times and bad—that will speak to anyone who has ever loved a husband or wife or child…This powerful book is Didion’s attempt to make sense of the “weeks and then months that cut loose any fixed idea I ever had about death, about illness…about marriage and children and memory...about the shallowness of sanity, about life itself.”

WM 900 D32 2005 c. 2 Location: Evening Star Collection
From one of America’s iconic writers, a stunning book of electric honesty and passion. Joan Didion explores an intensely personal yet universal experience: a portrait of a marriage—and a life, in good times and bad—that will speak to anyone who has ever loved a husband or wife or child…This powerful book is Didion’s attempt to make sense of the “weeks and then months that cut loose any fixed idea I ever had about death, about illness…about marriage and children and memory...about the shallowness of sanity, about life itself.”
In his new book, Stephen Levine, author of the perennial bestseller, *Who Dies?*, teaches us how to live each moment, each hour, each day mindfully—as if it were all that was left. On his deathbed, Socrates exhorted his followers to practice dying as the highest form of wisdom. Levine decided to live this way himself for a whole year, and now he shares with us how such immediacy radically changes our view of the world and forces us to examine our priorities. Most of us go to extraordinary lengths to ignore, laugh off, or deny the fact that we are going to die, but preparing for death is one of the most rational and rewarding acts of a lifetime. It is an exercise that gives us the opportunity to deal with unfinished business and enter into a year-long program of intensely practical strategies and powerful guided meditations to help with this work, so that whenever the ultimate moment does arrive for each of us, we will not feel that it has come too soon.

The death of a loved one is often accompanied by old resentments, regrets, and unexpressed love that can hinder your emotional growth, creating wounds that affect all your other relationships. *Your Loved One Lives On Within You* will show you how your untapped imagination can lead to a new beginning with the person you considered lost to you forever. By re-creating an inner relationship with the person who has died, you can experience powerful opportunities for healing, resolution, and even guidance. Keeping your loved one alive in your heart—and in your mind—will enable you to make peace with the past and move freely into the future.