

Sutter Psych Sponsors NAMI Walk  
April 24, 2010

Sutter Center for Psychiatry is proud to be a Silver Sponsor of the first annual NAMI Walk in Northern California. The National Alliance for the Mentally Ill (NAMI) first walk will benefit NAMI affiliates in El Dorado, Sacramento, San Joaquin, and Yolo counties.

We invite individuals and organizations to join us in this worthwhile endeavor. Here is some information about the Walk and NAMI

The WALK has two primary goals:

- To increase public awareness about mental illness and the devastating effect that it has on the lives of millions of Americans... one in four families every year; and
- To raise much needed dollars to help fund a wide array of NAMI support, education, advocacy and research programs.

April 24, 2010  
William Land Park  
1702 Sutterville Road  
Sacramento, CA 95822  
Walk Check-In Time begins 8:30 a.m.  
Walk Start Time 10:00 a.m.

largest grassroots

NAMI is the nation's largest grass-roots mental health organization dedicated to improving the lives of individuals and families affected by mental illness. NAMI has over 1,100 affiliates in communities across the country who engage in advocacy, research, support and education. Members of NAMI are families, friends and people living with mental illnesses such as major depression, schizophrenia, bipolar disorder, obsessive compulsive disorders (OCD), panic disorder, post traumatic stress disorder (PTSD) and borderline personality disorder. The participating NAMI affiliates offer an array of support and education programs for families and consumers. For information about what is available in Northern CA, please visit

[www.namisacramento.org](http://www.namisacramento.org)