

Bodies and Moods in Transition Psychiatric Considerations in Teenage Girls



*Sutter Center for
Psychiatry*

A Sutter Health Affiliate

This presentation will look at unique considerations which affect adolescent girls. Adolescence is accompanied by physical and emotional changes. Some of these changes are developmentally normal, while others may require a closer look and appropriate intervention.

Learning Objectives

Participants will:

- Explore emotional and physical changes which occur in adolescent girls and the unique psychiatric issues which affect them.
- Discuss the prevalence of teenage pregnancy, its implications, and the related psychiatric issues
- Be able to recognize Pre-Menstrual Mood Disorder and Pre-Menstrual Dysphoric Disorder
- Review treatment options for adolescent reproductive psychiatric issues.



Bodies and Moods in Transition

Psychiatric Considerations in Teenage Girls

Presenting Speakers

Cindy Thygeson M.D. is the Director of Medical Affairs at Sutter Center for Psychiatry. Dr. Thygeson has a special interest in integrative care and the medical management of patients with psychiatric illness. Previous to her current role, she directed the Consultation- Liaison Service at Sutter Medical Center.

Sutter Center for Psychiatry

7700 Folsom Blvd.
Sacramento, CA 95826

(Parking ONLY at the West end of Home Depot parking lot)
Lecture and lunch are complementary

Professional Education

The event is designed for professionals in the mental health or health care fields. Continuing Education Units (CEU) will be available for; Registered Nurses, Social Workers, Marriage and Family Therapists. Please see our website for more details.

Registration

To register for this event or to be entered into our email list for future news and events go to our website at www.sutterpsychiatry.org. Online registration is required to receive CEU indicated above. For questions or more information, call our education voice mail line at (916) 386-3682



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